

## State Strategies for Addressing the Opioid Crisis

Melinda Becker  
National Governors Association

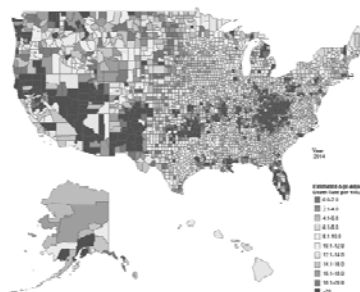
## Agenda

- NGA Background
- Snapshot of the Problem
- NGA Opioid Road Map
- Select State Strategies

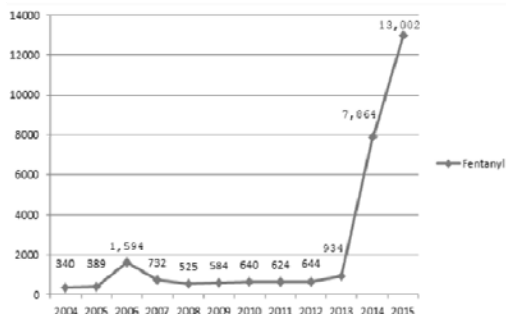
## OPIOID FACT

Every day **91** people will die from an opioid overdose in the United States

## 2014 RAPID INCREASE IN DRUG OVERDOSE DEATH RATES




## Number of Fentanyl Exhibits in NFLIS, 2004-2015



## Fentanyl Exhibits in NFLIS, 2015 and Wholesale Seizures, 2013 - Dec. 2015





**NGA OPIOID COMPACT SIGNED BY 46 GOVERNORS IN JULY 2016**  
[www.nga.org](http://www.nga.org)

Governors have long been at the forefront of efforts to prevent and treat opioid addiction, working with health care providers, law enforcement and other stakeholders to ensure a comprehensive response to the opioid crisis. Although there has been progress in some areas, inappropriate opioid prescribing continues to fuel one of the deadliest drug epidemics in our nation's history, claiming the lives of 42 people every day. While Americans don't have drug addiction in 100 states, as many as 100 million Americans are at risk for opioid addiction. Drug addiction and misuse cause more deaths in the United States than any other drug, and it is the leading cause of death for young people. Opioid addiction is also a leading cause of death for children, and it is the leading cause of death for pregnant women. The epidemic is also a leading cause of death for children, and it is the leading cause of death for pregnant women. The epidemic is also a leading cause of death for children, and it is the leading cause of death for pregnant women.

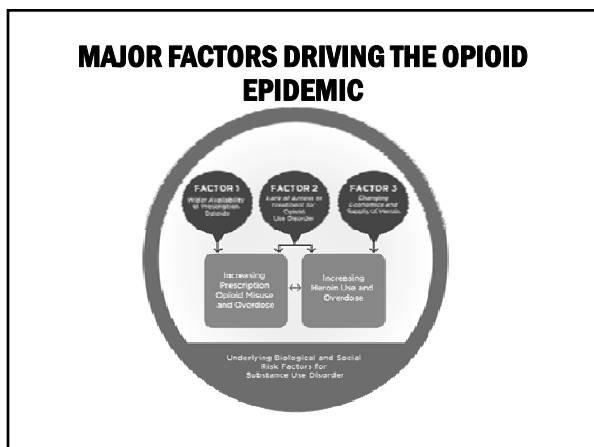
During the 2016 NGA in-state meetings, governors approved collective action on opioids and the opioid crisis. With more than 40 state and territorial governments participating, the compact is the largest agreement in our nation's history. While the compact is a model for public health and safety, it is also a model for public health and safety. The compact is a model for public health and safety, and it is a model for public health and safety. The compact is a model for public health and safety, and it is a model for public health and safety.

**What this compact, the underlying intent to build on their efforts to fight opioid addiction:**

- Making progress on reducing inappropriate opioid prescribing, which may include:
  - Partnering with health care providers to develop an update evidence-based opioid prescribing guidelines, which may be tailored to state or local guidelines, and ensure prescribers have access to training for revised patient and assessment;
  - Expanding the physician, pharmacist, nurse practitioner, physician assistant, dentist, veterinarian and all other related professions licensure or other licensure-related opioid prescribing and assessment licensure for training and access;
  - Integrating state-level data systems, including prescription program (PMP) data, electronic health records and expanding PMP to other jurisdictions and pharmacies; and
  - Refining program and administrative barriers in federal and other health plans to promote comprehensive pain management and include treatment for opioid patients;
- Looking ahead to change the culture's understanding of opioids and addiction, which may include:
  - Providing a comprehensive plan of opioid use in their jurisdiction about the role of their jurisdiction with regard to the opioid epidemic;
  - Establishing social media campaigns and educating religious institutions, schools, athletic programs and other community-based settings to raise awareness about opioid abuse and addiction among youth and other at-risk groups; and
  - Partnering with professional associations to support understanding of the causes of addiction among health care providers and law enforcement.

**Finding Solutions to the Prescription Opioid and Heroin Crisis: A Road Map for States**

**NGA OPIOID ROAD MAP**  
[www.nga.org](http://www.nga.org)



- Select State Strategies**
- Establish a collaborative data and information-sharing environment**
  - Limit new opioid prescriptions for acute pain, with exceptions
  - Expand use of non-opioid therapies for pain
  - Increase access to naloxone
  - Expand access to evidence-based MAT and recovery services

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**States Taking New Steps to Reduce Inappropriate Opioid Prescribing**

**Eight states set limits for opioid prescribing in statute.**



**One state established limits through executive order.**

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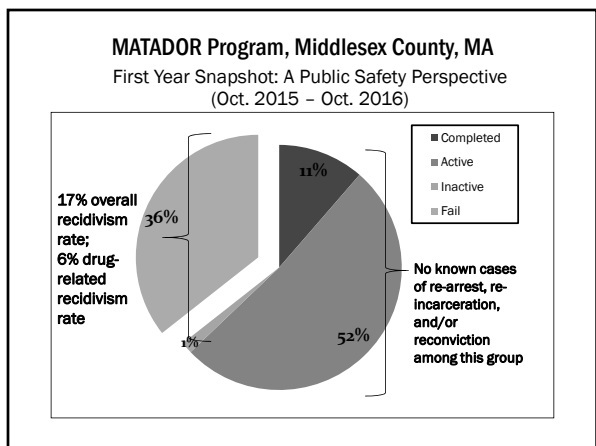
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**Since the start of Project ECHO's IAP Clinic in 2005, New Mexico has gone from the 13<sup>th</sup> to the 3<sup>rd</sup> highest ranking state in terms of buprenorphine-walivered physicians per capita**



### Thank you

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