

**Post Traumatic Stress:  
PTS Disorder  
to  
PTS Growth**

Auburn University  
Center for Governmental Services

November 3 - 4, 2011  
Mobile, Alabama

**Conference Sponsors**

Alabama Department of Mental Health  
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Alabama National Guard  
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**St. Anthony's:  
A Gateway to  
Hope and Stability**



**Faculty**

Shari Roeseler  
St. Anthony Foundation  
San Francisco, California

**A Giant Milestone...  
37 Million Meals**

- SF Giants pitcher, Barry Zito, served the 37,000,000 meal in April 2011

**A Giant Milestone...  
37 Million Meals**

- St. Anthony's served its 37,000,000 meal to a member of the military
- "You have always welcomed me. I don't always have work but I know I can come here. You always make me feel welcome and help me get back on my feet."  
– Carl, Served in U.S. Coast Guard

### **Mission Statement**

- In solidarity with all who hunger and thirst for justice and peace, and together with those we serve, our mission is to feed, heal, shelter, clothe, lift the spirits of those in need and create a society in which all persons flourish.

### **Mission Statement**

- St. Anthony's Values:
  - Healing
  - Community
  - Personalism
  - Justice
  - Gratitude

### **Our Programs**

- Dining room
- Medical clinic
- Technology lab/job training
- Social work center
- Free clothing program
- Father Alfred Center for recovery
- Justice education/volunteer/advocacy

### **St. Anthony's Founder Father Alfred Boeddeker, OFM**

“Start by doing what’s necessary, then do what’s possible and suddenly you are doing the impossible.”

– Franciscan Inspiration

### **St. Anthony's**

- Dining room opened October 4, 1950
- We cook in steam kettles from an old naval ship

### **Veteran's Day Meal Served With an Extra Portion of “Thanks” for Our Veterans**

- One out of every three guests at St. Anthony's is a member of the military
- Veterans of 6 wars eat at St. Anthony's each day
- Ages range from early 20s to late 80s

### **Veteran's Day 2011**

- **New pair of shoes and socks to each veteran**
- **Coordinated with the Boeddeker family**

### **St. Anthony's**

- **50% of the veterans are homeless**
- **35% of the veterans are disabled**
- **40% of the veterans are unemployed**
- **Many veterans suffer from PTSD**

### **Volunteers**

- **Members of the Japanese Consul General's Office Volunteered at St. Anthony's**
- **10,000 volunteers assist St. Anthony's programs each year**

### **St. Anthony's Renovations**

- **Dining room on first floor**
- **Free clothing program and social work center on second floor**
- **90 units of affordable senior housing on floors 3-8**
- **Developed by our partner Mercy Housing**

### **St. Anthony's Renovations**

- **Dining room will be 43% larger with seating capacity of 300**
- **It will be a disaster recovery site for the city of San Francisco**

### **Commitment 2012**

- **Together, let us serve those who have faithfully served our country**

**“St. Anthony’s provides a great place  
for us to identify eligible veterans  
and help them hook-up with the  
vital services they need.”**

**– Stan Lewandowski, Member Services,  
SF VA Medical Center**

**“The great activity of our life  
is to love.”**

**– Father Alfred Boeddeker**