

**Post Traumatic Stress:
PTS Disorder
to
PTS Growth**

**Auburn University
Center for Governmental Services**

**November 3 - 4, 2011
Mobile, Alabama**

Conference Sponsors

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**The Path to a
New Kind of Happy:
Choosing Not to be
Destroyed by PTSD . . .
but Instead to be
Transformed by It**

Faculty

**Brannan P. Vines
Founder
FamilyOfaVet.com**

FamilyOfaVet.com

**What Do Overwhelmed,
Struggling Heroes and
Families Who Are Stuck in
the “Just Surviving” Cycle
Need to Break Free?**

**What Do Communities Need
in Order to Successfully
Support Returning Veterans
and Loved Ones?**

**Education
Information
Connection**

Education

- Real world, plain language, relevant information
- “HOW to” not just “this is how it is”
- For Veterans and Loved Ones
 - PTSD, TBI, Secondary PTSD, VA “cheat sheet,” parenting in PTSD/TBI households, communication skills, financial skills, domestic violence prevention, caregiver skills, and coping, etc.

Education

- For Community Organizations and Leaders:
 - PTSD, TBI, Secondary PTSD, reaching out to veterans and families
- Off-site/virtual access available for PTSD participants who are uncomfortable with crowds

Information

- Information/referral booths set-up by local agencies and organizations that offer services or support to veterans and loved ones
 - VA (Vet Center, caregiver support, OIF/OEF/OND, mental health, etc.), state agencies, Veteran Service Organizations, churches, employment/vocational support, food banks, volunteer groups

Information

- Clear, jargon-free enrollment, location, and contact information about local VA services
- “Quick Link” card to download handouts, agency/organization information, etc., after the expo

Connection

- **Networking between those attending and involved organizations/agencies**
- **Networking time for organizations and agencies**
- **“Closed” time for organization/agency booths to be open only to veterans**

Connection

- **Time for families to connect**
- **Overall goal to foster long-term connections and relationships between those in each community who are involved**

Contact Information

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