


**Skill Building Session I:
Community-Level Physical Activity
Policy Change: "The How To"**

**Leading the Way in Public Health
Nutrition and Physical Activity:
Blazing New Trails**


**Salt Lake City, Utah
June 12-14, 2011**



Produced by the Alabama Department of Public Health Video Communications and Distance Learning Division

**Skill Building Session I:
Community-Level Physical Activity
Policy Change: "The How To"**


Childcare Policy Work in Nebraska



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Faculty

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Presentation Objectives

- Describe the Little Voices for Healthy Choices Initiative
- ID Partnerships
- ID Policy Strategies in Nebraska
- Discuss other potential policy approaches

Little Voices

- Three Strategic Components for Change
 - NAP SACC 
 - Healthy Childcare Facilities Award
 - Communication
- Why this approach? 

Little Voices Project Goals

- NAP SACC Training
 - 310 in-home facilities managers trained
- Adapting policy and environments within in-home facilities
- Award those facilities who go above and beyond to create healthy changes

Little Voices Partners

- **DHHS Licensure Unit**
- **NDE- Nutrition Services**
- **Six CACFP Organizations**
 - Consortium
- **NMA Child Obesity and Policy Group**
- **NDE- Head Start**

Little Voices Partners

- **Local Health Departments**
 - Lincoln Lancaster County Health Department
 - Douglas County Health Department
- **Live Well Omaha- Nutrition Plank**
- **Teach a Kid to Fish**
- **UNL Extension Educators**

Little Voices Project Outcomes

- **314 in-home facilities have been trained**
 - Evaluated the training day
 - NAP SACC evaluation
 - Currently evaluating training outcomes
 - BOSR evaluation

Little Voices Project Outcomes

- **Draft award has been developed**
 - Hope to award at least half of those facilities who have participated
- **Communication strategies regarding the award**
- **Process evaluation**
- **Capacity for policy change**

Capacity for Policy Change

- **Pilot projects**
 - Leveraging local resources
 - Omaha and Lincoln efforts
 - Childcare center based efforts
- **USDA Team Nutrition Grant application**

Capacity for Policy Change

- **54321 Go! Curriculum Integration- UNL Extension Capacity**
- **Revision of the Nebraska Physical Activity and Nutrition State Plan**
 - Partners N Health
- **NMA Child Obesity and Policy Group**
 - The Power of Personal Stories and the Opportunity to Impact Policy

**Little Voices
Policy Approaches**

- Individual in-home policy changes through NAP SACC trainings and award
 - Working from the bottom up to impact state policy
- NDE Rule 11 Policy Change

**Little Voices
Policy Approaches**

- CACFP Administrative Policy Work
 - Training opportunities annually
- Childcare wellness policy discussion
 - Pulling CACFP Consortium partners together

**Little Voices
Policy Approaches**

- Licensure Guidelines for Healthy Childcare Policies

Why Do This in Nebraska?



For More Information

Please visit our NAFH Website:
www.dhhs.ne.gov/nafh

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Funding for this conference was made possible, in part, by the cooperative agreement award number 1U58DP002846 from the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices or organizations imply endorsement by the U.S. Government.