

Photo: Delicate Arch by Bill Crowley

June 12 – June 14, 2011
Salt Lake City Marriott City Center Hotel
Salt Lake City, UT

Leading the Way in Public Health Nutrition and Physical Activity: Blazing New Trails



In collaboration with



Funding for this conference was made possible, in part, with a grant from the Health Resources Services Administration, Maternal Child Health Bureau and by the cooperative agreement award number 5U58DP002233-02 from the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices or organizations imply endorsement by the US Government.

Saturday, June 11 2:00 - 6:00 PM	Registration ASTPHND Presidents' Meeting – by invitation only
5:00 PM	Maternal and Child Health (MCH) Nutrition Council Steering Committee Meeting ASTPHND Leadership Annual Dinner- by invitation only
7:30 PM	Wine and fruit with ASTPHND Leadership – all registered guests for the ASTPHND annual meeting invited to attend Come meet the ASTPHND Leadership
Sunday, June 12 6:00 - 7:00 AM	Sunday afternoon and evening will be joint sessions with NSPAPPH Fitness Alfresco Walking Workout - Led by Nancy Bruning, MPH Is boot camp too much and just walking not enough? Fitness Alfresco Walking Workouts takes walking to the next level and incorporates exercises that improve your strength, flexibility, coordination and balance without the need for special "workout" equipment or clothes. Depending on what the environment provides, we'll be doing pushups, abdominal and core work, lower body exercises, and more using benches, walls, railings, and so on to provide a full body workout to start you on your day. Group leaves the lobby at 6:00 AM.
7:30 - 12:00 PM	ASTPHND Board of Directors' Meeting NSPAPPH Board of Directors' Meeting AGPPHN Board of Directors' Meeting
9:00 - 1:00 PM	Registration
1:00 - 1:15 PM	Welcome Phyllis Crowley, MS, RD, IBCLC, President-elect, ASTPHND Cathy Costakis, President, NSPAPPH
1:15 - 2:30 PM	Nutrition Policy Update: What Does the Future Hold? Margo G. Wootan, D. Sc., Director, Nutrition Policy Center for Science in the Public Interest
2:30 - 3:45 PM	How Can Physical Activity Policy Make a Difference: A Big Picture Perspective Amy A. Eyler, PhD, CHES, Associate Research Professor, Prevention Research Center - Physical Activity Policy, University of Washington in St. Louis, St. Louis, MO
3:45 - 4:15 PM	Physical Activity Break with Linda Scovern, MPH, RD/LD, PAPHS, OH Department of Health
4:15 - 5:15 PM	Health & Nutrition: What Works for American Indians and Other Diverse Populations Melissa Zito, MS, RN, Consultant, Indian Health Liaison/Health Policy, UT Department of Health
5:15 - 6:00 PM	Federal Update: CDC-DNPAO William Dietz, MD, PhD, Director, Division of Nutrition, Physical Activity, and Obesity, CDC
6:15 PM	Dinner with speaker
7:00 - 8:15 PM	Encountering Culture: Working in Communities Shani A. Dowd, Director, Culture InSight, Quincy, MA
8:15 - 9:15 PM	Dessert/Coffee Bar and Networking Opportunity

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Monday, June 13 6:00 - 7:00 AM	Fitness Alfresco Walking Workout - Led by Nancy Bruning, MPH Is boot camp too much and just walking not enough? Fitness Alfresco Walking Workouts takes walking to the next level and incorporates exercises that improve your strength, flexibility, coordination and balance without the need for special "workout" equipment or clothes. Depending on what the environment provides, we'll be doing pushups, abdominal and core work, lower body exercises, and more using benches, walls, railings, and so on to provide a full body workout to start you on your day. Group leaves the lobby at 6:00 AM.
7:30 - 8:30 AM	Continental Breakfast View Posters - Authors will be available from 8:00 – 8:30 AM MCH Nutrition Council All Member Meeting – all interested welcome to attend
8:30 - 10:30 AM	Leadership Development in Times of Change: A Strengths-Based Approach Hanna Cooper, MPH, PCC, CPCC, ORSCC, Certified Professional Coach, St. Paul, MN Margaret Tate, MS, RD, Consultant, Phoenix, AZ Sandy Perkins, MS, RD/LD, CBE, Maternal and Child Health Consultant, KS Dept of Health & Environment, Topeka, KS
10:30 - 10:45 AM	Federal Update: MCHB TBD
10:45 - 11:00 PM	Activity/Stretch Break
11:00 - 12:30 PM	Fundamental Liberties: Constitutional Basis for Chronic Disease Control Marice Ashe, JD, MPH, Executive Director, Public Health Law & Policy, Oakland, CA
12:45 - 2:00 PM	ASTPHND Awards Luncheon ASTPHND Annual Membership Meeting and Update
2:00 PM	Movement to meeting room
2:15 - 3:00 PM	Federal Update: USDA Thomas (Tim) O'Connor, Associate Administrator, Special Nutrition Programs, FNS, USDA, Alexandria, VA
3:00 - 3:30 PM	Stretch Break – Energizing movement break
3:30 - 5:00 PM	Elevating Leaders in Public Health Nutrition Conversations in the Round: Securing our Future as Public Health Nutrition Leaders
5:30 PM	Optional - Annual ASTPHND Excursion ASTPHND has arranged a trip to the Beehive Cheese Creamery for a tour and dinner. Join the group to visit the Beehive Cheese Creamery to learn what they do. The cost is \$40 per person which includes transportation and hors devours stations catered by Roosters. This location is not equipped for sit down dinners so this we be a stand up affair. A minimum of 25 must be reached for the tour to be

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held. You <u>must prepay for this excursion</u>. Please send a check for \$40 to ASTPHND, PO Box 1001, Johnstown, PA 15907-1001. If you want to pay by credit card, call Cyndi Atterbury with the card information, 814-255-2829 ext 1001. This excursion is open to guests. The maximum is 30.

<u>Tuesday, June 14</u> 6:00 - 7:00 AM	Fitness Alfresco Walking Workout - Led by Nancy Bruning, MPH Is boot camp too much and just walking not enough? Fitness Alfresco Walking Workouts takes walking to the next level and incorporates exercises that improve your strength, flexibility, coordination and balance without the need for special "workout" equipment or clothes. Depending on what the environment provides, we'll be doing pushups, abdominal and core work, lower body exercises, and more using benches, walls, railings, and so on to provide a full body workout to start you on your day. Group leaves the lobby at 6:00 AM.
7:30 - 8:30 AM	Continental Breakfast View posters – Authors will be available 8:00 – 8:30 AM
8:30 - 9:15 AM	Federal Update: NIH Van Hubbard, MD, PhD, Director, Division of Nutrition Research Coordination, Associate Director for Nutritional Sciences, National Institute of Diabetes and Digestive and Kidney Diseases Andrew Narva, MD, Director, National Kidney Disease Education Program National, Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health
9:15 - 9:45AM	Stretch break/check out
9:45 - 11:15 AM	The Difference the 'Difference' Makes: How Policies Impact Diverse Communities Margaret Adamek, PhD, Founder/Principal, Terra Soma Consulting Services, Minneapolis, MN Donna McDuffie, MPH, RD, LN, State Nutrition Coordinator, MN Dept of Health, St. Paul, MN
11:30 - 1:00 PM	Lunch Critical Thinking About Public Health Nutrition Priorities Facilitator: Marsha Spence, PhD, MS-MPH, RD, LDN, The University of Tennessee Knoxville
1:15 - 2:15 PM	Celebrating a Local Hero Jennifer Godfrey, MEd, CPCI, Health Manager Brian Ralph, Director of Food Service Salt Lake Community Action Head Start/Early Head Start Central Kitchen, Salt Lake City, UT
2:15 - 2:30 PM	Wrap up of ASTPHND Annual Meeting Phyllis Crowley
3:00 PM	The United States Breastfeeding Committee will host a workshop beginning Tuesday afternoon and running through lunchtime on Wednesday, entitled Building Effective Collaborations: Implementation of <i>The Surgeon General's Call to Action to Support Breastfeeding</i> – see that agenda for more details

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Salad Bars to Schools campaign – see that agenda for more details

5:00 PM

National Council of Fruit and Vegetable Nutrition Coordinators will host training for Let's Move