

## 2011 Annual Meeting of the



**June 12 – June 14**

**Salt Lake City Marriott City Center Hotel  
Salt Lake City, UT**

**In Collaboration with**

ASSOCIATION OF STATE & TERRITORIAL  
PUBLIC HEALTH  NUTRITION DIRECTORS

Funding for this conference was made possible, in part, by the cooperative agreement award number 1U58DP002846 from the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices or organizations imply endorsement by the US Government.

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## **Saturday, June 11**

2:00 - 4:00 PM

### **Registration**

5:45 - 7:00 PM

**Itty Bitty Salt Lake City** - Get to know Downtown Salt Lake City in a way most locals don't. The "Itty Bitty Salt Lake City" event is a photo hunt of a small area highlighting the bicycle and pedestrian improvements made over the past couple of years. Participants will be placed in teams of 3-4 people and will receive a card with several pictures that will need to be identified and marked on the attached map. This is a timed event; **members should plan to meet at the NSPAPPH registration table by 5:45 PM**. All teams must be back to the hotel by 7:00 PM. The event will conclude back at the hotel at the Welcome Reception for registered attendees of the NSPAPPH meeting.

7:00 - 8:30 PM

**Welcome reception** - all registration attendees welcome to attend

## **Sunday, June 12**

6:00 - 7:00 AM

### **Fitness Alfresco Walking Workout** - Led by Nancy Bruning, MPH

Is boot camp too much and just walking not enough? Fitness Alfresco Walking Workouts takes walking to the next level and incorporates exercises that improve your strength, flexibility, coordination and balance -- without the need for special "workout" equipment or clothes. Depending on what the environment provides, we'll be doing pushups, abdominal and core work, lower body exercises, and more using benches, walls, railings, and so on to provide a full body workout to start you on your day.

7:30 - 8:30 AM

### **Continental Breakfast**

8:30 - 9:00 AM

**Welcome and Introductions** - Conference Planning Committee

9:00 - 11:30 AM

**Business Meeting:** Installation of new officers  
Cathy Costakis, NSPAPPH President

11:30 - 12:00 PM

**Team Building Physical Activity** with Laurie Eldridge-Auffant (AL)

12:00 - 1:00 PM

### **NSPAPPH Luncheon**

#### **PAPHS Certification Presentation**

Amber Dallman, MPH, PAPHS, Physical Activity Coordinator, MN Department of Health

1:15 - 2:30 PM

### **Nutrition Policy Update: What Does the Future Hold?**

Margo G. Wootan, D. Sc., Director, Nutrition Policy Center for Science in the Public Interest

2:30 - 3:45 PM

### **How can physical activity policy make a difference? A big picture perspective**

Amy A. Eyler, PhD, CHES, Associate Research Professor, Prevention Research Center - Physical Activity Policy, University of Washington in St. Louis, St. Louis, MO

3:45 - 4:15 PM

**Physical Activity Break** with Linda Scovern, MPH, RD/LD, PAPHS, OH Department of Health

4:15 - 5:15 PM

### **Health & Nutrition: What Works for American Indians and Other Diverse Populations**

Melissa Zito, MS, RN, Consultant, Indian Health Liaison/Health Policy, UT Department of Health

5:15 - 6:00 PM

### **Federal Update: CDC**

William A. Dietz, MD, PhD, Director, Division of Nutrition, Physical Activity, and Obesity, CDC

6:15 PM

### **Dinner with speaker**

7:00 - 8:15 PM

### **Encountering Culture: Working in Communities**

Shani A. Dowd, Director, Culture InSight, Quincy, MA

8:15 - 9:15 PM

Dessert/Coffee Bar and Networking Opportunity

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## **Monday, June 13**

- 6:00 - 7:00 AM **Fitness Alfresco Walking Workout** - Led by Nancy Bruning, MPH  
(see information on Sunday agenda)
- 7:30 - 8:30 AM Continental Breakfast w/ ASTPHND
- 8:30 - 10:00 AM **Skill Building Session I: Community-Level Physical Activity Policy Change “The How To”**  
Hillary Harris, Director Population Health Services, RiverStone Health, Billings, MT  
Brian Coyle, MPH, PAPHS Physical Activity Coordinator, NE Dept. of Health and Human Services  
George Sedlacek, MA, Community Health Director, Marquette Co. Health Dept., Neganee, MI  
Katherine Hebert, MRCP, ORISE Fellow, CDC- NCCDPPH, Atlanta, GA
- 10:00 - 10:30 AM **African Dance Physical Activity/Break** with Joi Hudson, MPH, Behavioral Scientist, CDC
- 10:30 - 12:00 AM **Skill building Session II: Engaging Special Populations—Rural Communities**  
Joseph R. Sharkey, PhD, MPH, RD, Professor and Director for Research in Nutrition and Health Disparities, School of Rural Public Health, Texas A&M, College Station, TX  
Cathy Costakis, MS, Physical Activity Coordinator, MT Nutrition and Physical Activity Program, MT State University, Bozeman, MT
- 12:00 - 12:45 PM **Luncheon**  
**Complete Streets Policy Implementation**  
Becka Roof, Bicycle/Pedestrian Coordinator, Transportation Division, Salt Lake City, UT
- 1:00 - 2:30 PM **Continuation**  
**Skill building Session II: Engaging Special Populations— Tribal and Low-income Communities**  
Pilar Lorenzana-Campo, MEP, Senior Associate, Planning and Development, Public Health Law & Policy, Oakland, CA  
Shasta Cano-Martin, Executive Director, Lummi CEDAR Project, Bellingham, WA
- 2:30 - 2:45 Break
- 2:45 - 4:15 **Skill Building Session III: Increasing Physical Activity for Youth through PE**  
**Making PE Legislation work in your state: Lessons learned from PAPRN PE Legislation Analysis**  
Amy A. Eyler, PhD, CHES, Associate Research Professor, Prevention Research Center - Physical Activity Policy, University of Washington in St. Louis, St. Louis, MO  
**Quality Physical Education in Alabama**  
Laurie Eldridge-Auffant, MPH, Public Health Ed. Mgr, AL Dept of Public Health, Montgomery, AL
- 5:30 PM **Optional Dinner Excursions**  
**Walk to the Pubs** - Downtown Salt Lake City is the home to a wide variety of eating establishments and pubs. Get to know your colleagues in a relaxed environment. Anyone interested should meet in the lobby at 5:30 PM. Maps and details about various eating establishments will be provided. All locations will be within walking distance, a couple of blocks from the hotel, and have food available along with a variety of drink options. This event is designed to get you out with your colleagues, share creative ideas, or just get to know each other. Open to any NSPAPPH or ASTPHND attendee. This is a “pay as you go” event.
- OR
- Beehive Cheese Creamery** for a tour and dinner. Join the group to visit the [Beehive Cheese Creamery](#) to learn what they do. The cost is \$40 per person which includes transportation and hors d'oeuvres stations catered by [Roosters](#). You must prepay for this excursion. Email, [cyndi@astphnd.org](mailto:cyndi@astphnd.org) for details.

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## **Tuesday, June 14**

6:00 - 7:00 AM

**Fitness Alfresco Walking Workout** - Led by Nancy Bruning, MPH  
(see detailed information on Sunday agenda)

7:30 - 8:30 AM

**Continental Breakfast w/ ASTPHND**

8:30 - 12:00 AM

**Walk and Talk, Show and Tell**

We will begin this session with a stroll outside as a group with periodic breaks for five minute informal presentations from peers. In between the presentations we will walk and network. If your product requires AV you can present back at the hotel otherwise please bring it on the walk with you. Please come prepared to highlight a project or product from your state.

Following the stroll we will brainstorm how best to network, peer share and market our work as an organization throughout the year.

12:00 - 1:00 PM

**Box Lunch & Closure: Wrap up, Next Steps, Safe Travels**

1:00 - 5:00 PM

**Strategic Planning Meeting:** Officers, Committee Chairs, and Incoming Board Members Only

## **Wednesday, June 15**

8:00 - 1:00 PM

**Strategic Planning Meeting Continues**

Application will be made for CHES continuing education credits.



*The American College of Sports Medicine's Professional Education Committee certifies that NSPAPPH meets the criteria for official ACSM Approved Provider status from (2009 – 2012).  
Providership # 656528*

*This course is approved for 13.25 Continuing Education Credits.*

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