Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

Aggregated across 34 states:

Alabama ● Arizona ● Arkansas ● California ● Colorado ● District of Columbia ● Florida ● Georgia ● Hawaii ● Illinois ● Iowa ● Louisiana ● Maryland Michigan • Minnesota • Mississippi • Nebraska • Nevada • New Jersey • New York • North Dakota • Ohio • Oklahoma • Oregon Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Virginia • West Virginia • Wisconsin • Wyoming

Adults aged 45 and older

are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS

that have been getting worse over the past year.









to a health care provider about it.





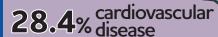
40.5% had to give up day-to-day activities.

ONE in THREE



Many with SCD also have other chronic conditions

61.3% arthritis



26.7% diabetes

21.5% COPD

15.1% asthma

14.8% history of cancer

80,2% report at least one of these conditions

OD



chores.



for more information:

www.alz.org/publichealth

www.cdc.gov/aging