

# FIGHT CANCER

SIX ESSENTIAL SUPERFOODS READY  
TO GO TOE-TO-TOE WITH CANCER



## BROCCOLI



BREAST, LIVER, LUNG,  
PROSTATE, SKIN, STOMACH  
& BLADDER CANCERS



## BERRIES



COLON, ORAL, ESOPHAGEAL  
& SKIN CANCERS



## TOMATOES



ENDOMETRIAL,  
LUNG, PROSTATE &  
STOMACH CANCERS



## WALNUTS



BREAST &  
PROSTATE CANCERS



## GARLIC



BREAST, COLON,  
ESOPHAGEAL &  
STOMACH CANCERS



## BEANS



BREAST &  
COLON CANCERS



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