

ADULTS NEED VACCINES TOO!

✕ Flu ✕ HPV ✕ Tdap

Adult men and women between the ages of 19 and 45 should get the HPV VACCINE.

WHY GET THE HPV VACCINE?

The HPV vaccine protects against half a dozen cancers including cervical, vaginal, vulvar, penile, anal and oropharyngeal cancers.

Even though it is ideal to get the HPV vaccine between the ages of 9 and 12, research has shown that older adults can still benefit by gaining protection against the HPV types to which a person has not been exposed.

THE FACTS:

- HPV is a very common infection. Nearly 80 million American men and women are currently infected.
- Each year in Alabama more than 750 cases of HPV associated cancers in both men and women will be diagnosed.
- In general, HPV is thought to be responsible for about 91% of cervical cancers, 75% of vaginal cancers, 69% of vulvar cancers, 63% of penile cancers, 91% of anal cancers, and 70% of oropharyngeal cancers.
- The HPV vaccine prevents more than 90% of all HPV cancers.
- The vaccine is administered in 3 doses over a 6 month period.
- Research has shown that a new HPV infection can take anywhere from 10 to 20 years to develop into cancer.
- The HPV vaccine is safe and long-lasting.

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SHARED DECISION MAKING: Talk to your doctor about adult vaccines, cancer prevention and early detection! alabamapublichealth.gov/cancer