In case of a fire in your home:

- 1 Use the family escape plan to get out of the house and meet at the designated safe place.
- Use a neighbor's phone to call the fire department.
- Never return to a burning building once you escape.

If you are unable to escape:

- Seal off the room you are in using items such as clothing, towels, and tape.
- 2 Call 911 to alert the fire department.
- Open a window and wave lightcolored clothing or a flashlight. Close the window immediately if smoke begins to enter the room.
- Stay patient and try not to panic.



This brochure may be reproduced for educational purposes.

Alabama Department of Public Health 201 Monroe Street, Suite 900 Montgomery, Al 36104 1-800-252-1818 www.adph.org/injuryprevention

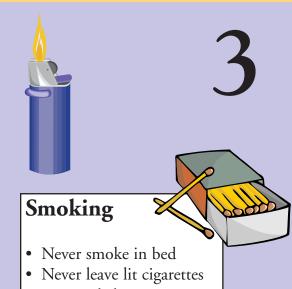
ADPH-INJ-16-8-04-kw





Smoke Alarms

- Test batteries monthly
- Replace batteries yearly
- Place alarms within 10 feet of bedrooms
- Replace smoke alarm units after 10 years



- unattended
- Keep lighters and matches away from children



Heating

- Keep items at least 3 feet from space heaters and other heating sources
- Clean fire places yearly
- Never leave candles unattended



Evacuation Planning

- Know two ways out of every room
- Designate a safe place to meet outside
- Practice a fire escape plan at least two times per year





- Never leave food unattended
- Always wear fitted clothing
- Keep stove tops clean







- Do not use items with damaged cords or wiring
- Do not overload outlets
- Do not place extension cords under rugs or carpets