

# MPPOX

## Get the Facts

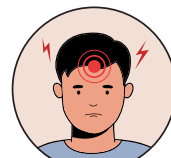
- Mpox is a rare disease caused by infection with the mpox virus. Mpox virus is part of the same family as variola virus, the virus that causes smallpox.
- Mpox symptoms are similar to smallpox symptoms, but milder. Mpox is rarely fatal.
- Mpox symptoms usually start within 3 weeks of exposure to the virus. If someone has **flu-like symptoms**, they will develop a rash 1-4 days later.
- Avoid close, skin-to-skin contact with people who have a rash that looks like mpox.
- During the isolation period, people with mpox should clean and disinfect the spaces they regularly to limit household contamination.
- CDC recommends vaccination for people who have been exposed to mpox and people who may be more likely to get mpox.
- There is no treatment specifically for mpox virus infections, but the vaccine JYNNEOS is developed to protect against smallpox may be used to prevent and treat mpox.

### What are the symptoms?

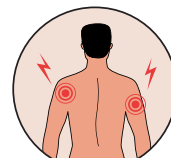
- A rash or sores, sometimes located on or near the genitals or anus, but sometimes in other areas like the arms, hands, legs, feet, chest or face – sores will go through several stages before healing.
- Sores may be inside the body, including the mouth, vagina, or anus.
- Some people experience a rash or sores first, followed by other symptoms and some only experience a rash or sores.
- Mpox can be spread from the time symptoms start until all sores have healed and a fresh layer of skin has formed – this can take several weeks.



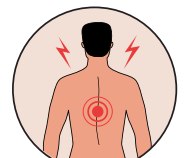
**Fever**



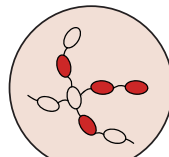
**Headache**



**Muscle Aches**



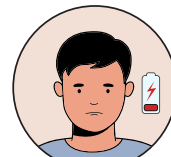
**Back Aches**



**Swollen Lymph Nodes**



**Chills**



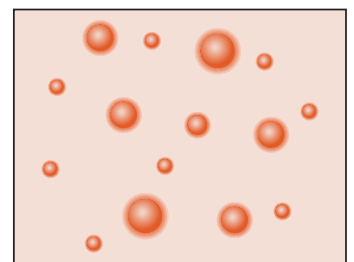
**Exhaustion**



**Cough**

### If you have a new or unexplained rash, sores, or other symptoms:

- See your healthcare provider. Tell them about your symptoms and ask them to look at your rash. If you don't have a provider or health insurance, visit a public health clinic near you.
- Because this virus is appearing in the community, please take steps to stop the spread like washing your hands and wearing a mask around others.
- Avoid direct, physical contact with anyone until you have been seen by a healthcare provider.



**For more information, visit**  
[cdc.gov/poxvirus/mpox](https://cdc.gov/poxvirus/mpox) • [alabamapublichealth.gov/mpox](https://alabamapublichealth.gov/mpox)

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