ALABAMA FOODS



Alabama has an abundance of crops that are grown right here. How many of these fruits or vegetables have you tried?



Blueberries





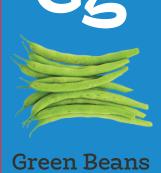


Damson

Plums

















Kale







Iceburg Lettuce

Jalapeňos

Lima Beans

Muscadines

Nectarines





Okra



Peaches



Quinces



Rutabegas



Strawberries





Tomatoes



Uba (Purple Potatoes)



Vidalia Onions



Watermelon

Xigua (Melon)



Yellow Squash



Zucchini

For more information about state programs that encourage buying and eating Alabama-grown fruits and vegetables, visit:

sweetgrownalabama.org alabamapartnershipforchildren.org alabamafarmtoschool.org alabamapublichealth.gov/nutrition

