

# Prevention of Infectious Diseases Associated with Sewage Exposure

## What are the health risks?

Exposure to poop (feces) from sewage on your yard or land can harm your health. Diseases caused by germs (bacteria and viruses), parasites, and intestinal worms can spread in sewage.

## Can they be prevented?

Prevention is key. Below are some simple steps you can take to prevent the spread of these diseases if you live in an area that might lead to sewage exposure.



Wear shoes when walking outside



Wash hands often, especially after using the restroom and before eating



Wear rubber boots and waterproof gloves when cleaning up backflow of sewage



Wash food properly before cooking or eating



Avoid using poop (human feces) as fertilizer

If you think you might be sick from exposure to sewage, please contact your doctor or nurse.  
[alabamapublichealth.gov](http://alabamapublichealth.gov)

ALABAMA  
PUBLIC  
HEALTH