

HPV Vaccination is FDA Approved Cancer Prevention for at Least 6 Different Types of Cancer.



VULVAR CANCER



VAGINAL CANCER



OROPHARYNGEAL CANCER



PENILE CANCER



ANAL CANCER



CERVICAL CANCER

YOU SHOULD PERFORM AN ORAL CANCER SELF-EXAM EACH MONTH. HERE'S HOW:

- Immediately after a dental exam, do a thorough self-exam to see what is “normal” for you.
 - Feel your neck for any lumps.
 - Examine your lips, cheeks, and gums.
 - Use a flashlight to examine the top, sides, and underneath your tongue, the back of your throat and roof of your mouth.
- * Be aware of changes in color, texture, or lumps.



Tuscaloosa County Health Department

Alabama Department of Public Health Tobacco
Prevention and Control Branch

What's better than a cure for cancer? NOT NEEDING ONE.

2022

#WATCH YOUR MOUTH!

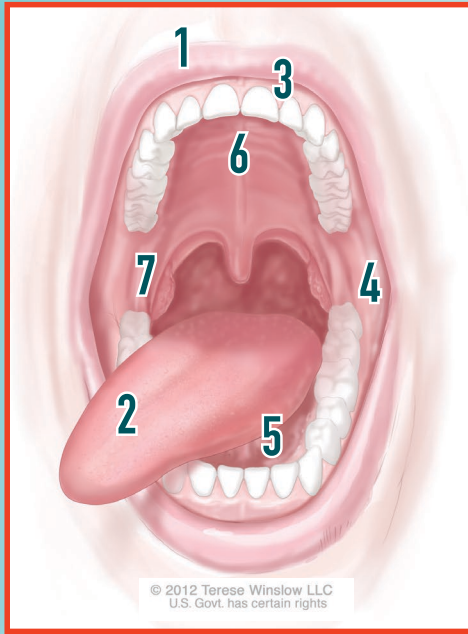


FOR SIGNS OF ORAL AND OROPHARYNGEAL CANCER



ALABMAPUBLICHEALTH.GOV/ORALHEALTH

ORAL CAVITY CANCER FORMS IN ANY OF THESE TISSUES OF THE ORAL CAVITY:



1. The lips.
2. The front two thirds of the tongue.
3. The gingiva (gums).
4. The buccal mucosa (the lining of the inside of the cheeks).
5. The floor (bottom) of the mouth under the tongue.
6. The hard palate (the front of the roof of the mouth).
7. Retromolar trigone (the small area behind the wisdom teeth).

In the U.S., Alabama is...

12th

in rates of oral cavity and oropharyngeal cancer

3rd

in rates of oral cavity and oropharyngeal cancer deaths

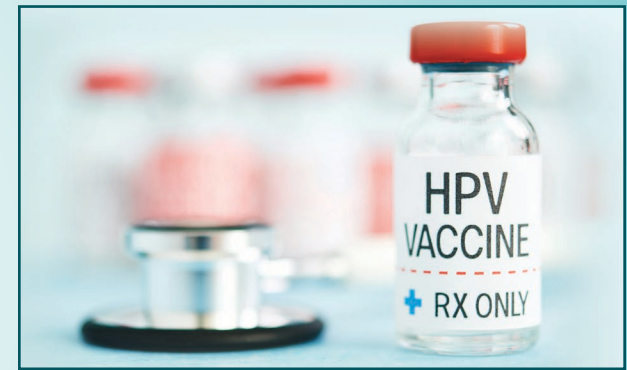
Alabama Ranks

#40

in HPV

Vaccinations in
the United States

- Human papillomavirus (HPV) causes around 70% of oropharyngeal cancers
- HPV vaccination can reduce oral HPV infection by 90%
- Smokers are 6 times more likely to get oral cancer
- Frequent alcohol use can increase risk of oral cancer by 6 times



SEE YOUR DOCTOR IF YOU HAVE ANY OF THESE SYMPTOMS OF ORAL CANCERS:

- Persistent hoarseness or sore throat.
- Earaches or enlarged lymph nodes of the neck
- Difficulty swallowing
- Unexplained weight loss
- You can further reduce your oral cancer risk by avoiding alcohol and tobacco