

#WATCHYOURMOUTH

FOR SIGNS OF ORAL AND OROPHARYNGEAL CANCER

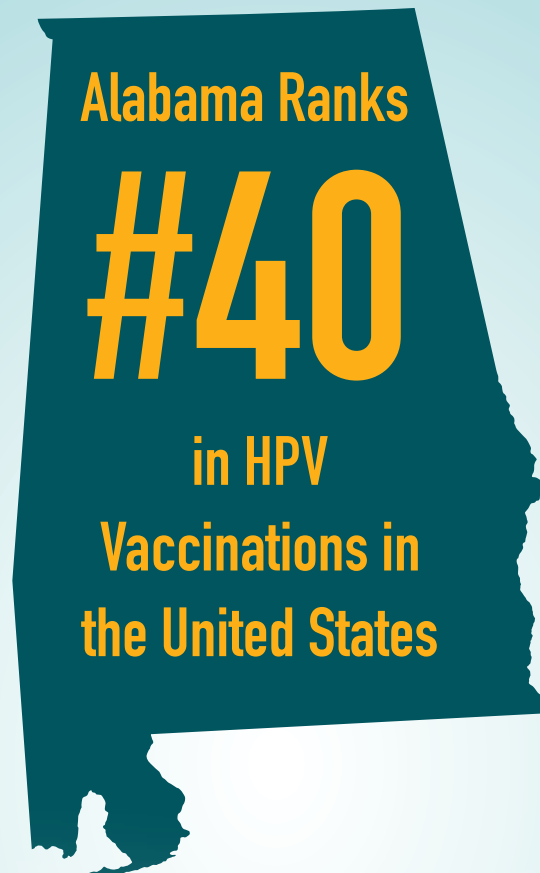
In the U.S., Alabama is...

12th

in rates of oral cavity and oropharyngeal cancer

3rd

in rates of oral cavity and oropharyngeal cancer deaths



- Human papillomavirus (HPV) causes around 70% of oropharyngeal cancers
- HPV vaccination can reduce oral HPV infection by 90%
- Smokers are 6 times more likely to get oral cancer
- Frequent alcohol use can increase risk of oral cancer by 6 times

What's better than a cure for cancer? **NOT NEEDING ONE.**

HPV Vaccination is Cancer Prevention for at least 6 different types of cancer.

PROMOTE PREVENTION AND EARLY DETECTION BY:

- Vaccinating you or your children against HPV
- Stopping tobacco use and using alcohol in moderation
- Regularly checking your mouth for unusual sores, swelling, areas of red or white lesions
- Asking your dental provider to screen for oral cancers

TALK TO A DENTAL HEALTHCARE PROFESSIONAL ABOUT WHAT YOU CAN DO TO PREVENT ORAL CANCER AT YOUR NEXT VISIT!



Alabama Department of Public Health Tobacco Prevention and Control Branch