



Adolescent^{AND}
SCHOOL HEALTH

AIMING AT YOUR FUTURE: SETTING GOALS

RIGHT NOW, I'M _____ YEARS OLD AND IN THE _____ GRADE.

A COUPLE OF THINGS I HAVE IN MIND FOR THIS YEAR ARE:

IN A COUPLE OF YEARS, BY THE TIME I'M _____ YEARS OLD.

THIS IS WHAT I WILL BE THINKING ABOUT:

I'LL BE A "LEGAL" ADULT AT 18. I'LL BE ABLE TO VOTE AND GET MY OWN CREDIT.

A FEW OTHER GOALS I'VE BEEN THINKING ABOUT ARE:

IT'S HARD FOR ME TO IMAGINE MYSELF IN MY TWENTIES, MUCH LESS ANY OLDER THAN THAT, BUT WHEN I AM THAT OLD, THIS IS HOW I SEE MYSELF.

I'VE GOT TO GIVE IT A LOT MORE THOUGHT!!
SINCERELY,

DATE