

Standard lap and shoulder belts should not be used for children less than **4'9" tall and weighing less than 80 pounds.**



Need Help with Your Car Seat?

There are over 20 Child Safety Seat Inspection Stations across Alabama that provide free help and information. To find a certified individual near you, visit www.adph.org/injuryprevention or call 1-800-504-9768 in Alabama.

Always read your vehicle's manual and the safety seat's instructions to install a car seat correctly.

Protect your child by choosing the right car seat.

Protect yourself by buckling up.



Prepared by
Alabama Department of Public Health
Injury Prevention Division
201 Monroe Street, Montgomery, AL 36104
(334) 206-5300 / 1-800-252-1818
www.adph.org/injuryprevention

ADPH-BHPCD-01/Rev. 8-06-kw

Keep Alabama's Kids Safe



4 STEPS FOR KIDS



Most kids age 4 to 8 need booster seats

ALABAMA FACTS

- In Alabama, motor vehicle crashes are the leading cause of death for children of all ages.
- Child passenger restraints save lives. They reduce risk of death in a crash by 71% for infants and 54% for toddlers.
- 4 out of 5 child restraints are not used correctly.

Alabama Child Restraint Law

Effective July 1, 2006 "Every person transporting a child in a motor vehicle operated on the roadways, streets, or highways of this state, shall provide for the protection of the child by properly using ...a child passenger restraint system. The size appropriate restraint system required for a child shall include all of the following:

- (1) **Birth to Age 1 or 20 pounds:**
Infant only seats and convertible seats used in the rear facing position.
- (2) **Age 1 or 20 pounds to age 5 or 40 pounds:**
Convertible seats in the forward position or forward facing seats.
- (3) **Age 5 or 40 pounds to age 6:**
Booster seats.
- (4) **Age 6 to Age 15:**
Seat belts.

Any person violating the provisions of this act may be fined \$25.00.

4 STEPS FOR CHILDREN

PROTECT YOUR CHILDREN BY CHANGING EACH SEAT AS THEY GROW:
GUIDELINES FROM THE NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION (NHTSA)

1 REAR-FACING INFANT SEATS

Place in the back seat from birth to at least one year old **and** at least 20 pounds.



3 BOOSTER SEATS

Place in the back seat from age 4 and 40 pounds to at least age 8, unless 4' 9".



2 FORWARD-FACING TODDLER SEATS

Place in the back seat from age one to about age 4 and 20 to 40 pounds.



4 SAFETY BELT

Use at age 8 or older or taller than 4' 9". Children 12 years and under should always ride in the backseat.

