

My mommy let me grow
So Big!

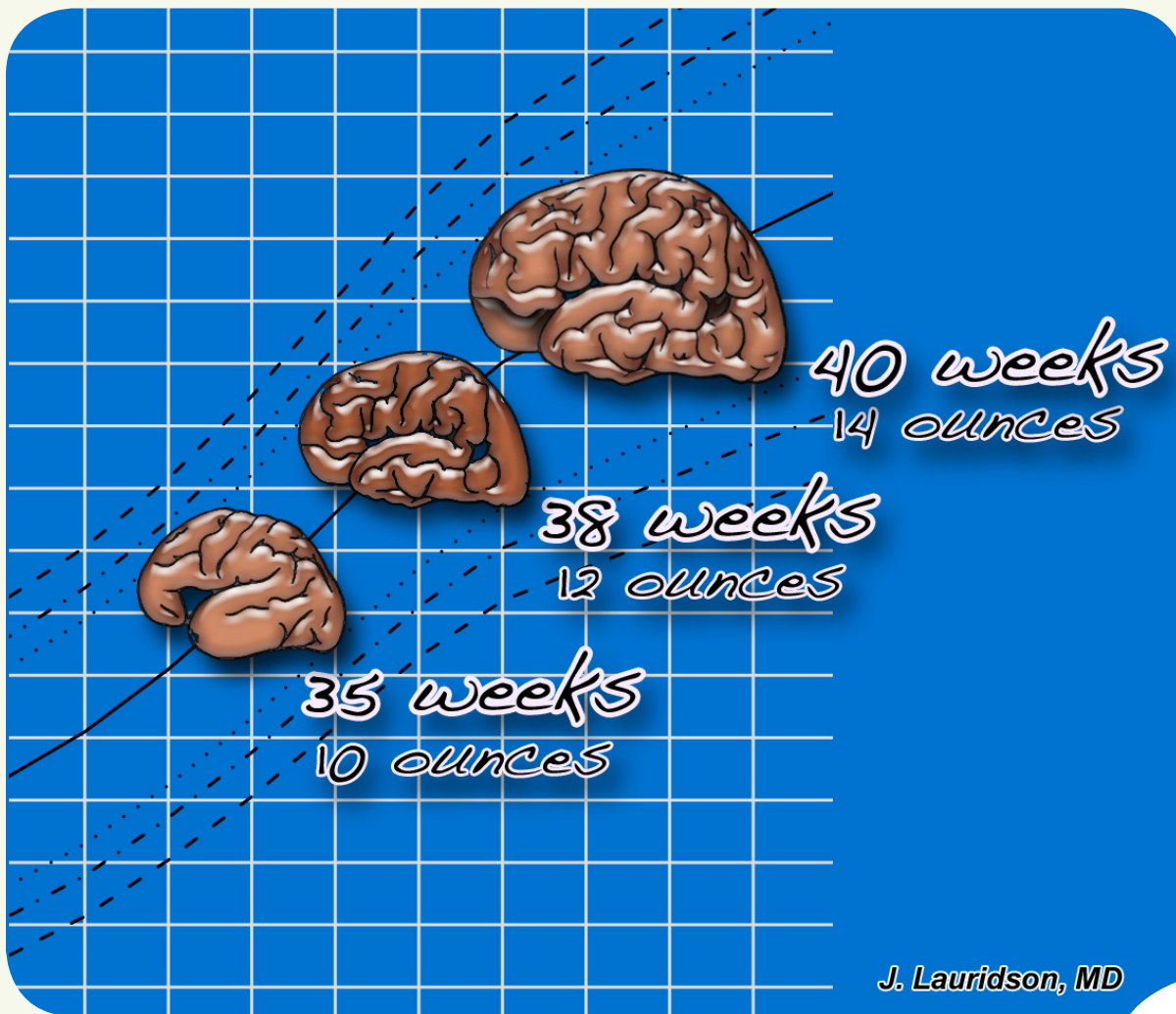


39 Weeks

{timing is everything}

American Congress of Obstetricians and Gynecologists (ACOG)
"cautions against scheduled deliveries before 39 weeks unless medically necessary."

What's so important about 39 weeks?



Important **brain and lung growth** occurs later in pregnancy. The earlier babies are born, the more **health problems and risks** they face. Even babies born at 36-38 weeks have a **higher risk for health problems** than a baby born at 39-40 weeks.

My mommy let me
choose my birthday!

For more information, go to:
MarchofDimes.com
Health4Mom.org or
alabamapublichealth.gov



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