Pulse Oximetry Newborn Screening
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### **Presenter**

Rachael Montgomery
Bureau of Clinical Laboratories
Newborn Screening Follow-up Division
Alabama Department of Public Health

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### **Presentation Disclaimer**

- Do not endorse a particular equipment manufacturer
- Pulse Oximetry Hospital Guidelines were developed with permission from Children's National Medical Center

- Objectives
  Discuss the purpose of pulse oximetry (ox) screening in the newborn.
- Describe pulse ox equipment recommendations.
- Implement pulse ox training components.
- Identify steps for pulse ox screening.
- List steps for pulse ox reporting.

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### **Congenital Heart Defects** (CHD) Data

- CHDs are the most common types of birth defects.
- CHDs affect nearly 1% (40,000) births each year in the United States.
- The most common type of heart defect is ventricular septal defect.
- 1 in 4 babies with a CHD have a critical CHD.

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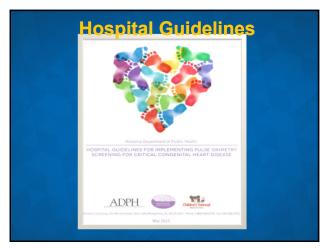
### **CHD Prevalence**

- The prevalence of some CHDs, especially mild types, is increasing, while the prevalence of other types has remained stable.
- The prevalence of all types of CHDs, including critical CHDs, varies by state and by type of defect.

### **CHD-Related Deaths**

- CHDs are a leading cause of birth defect associated infant illness and death.
- In a study of neonatal deaths, 4.2% of all neonatal deaths were due to a CHD.

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	The Mahama Meshees Corneries	Program would like to thank the follow	inn conscipations and individuals for	
	their participation and contribution		ng ognitation and reasonal to	
	Alabama Chapter-American	Blue Cross and Blue	Rune Tores, MD	
	Academy of Pediatrics	Shield of Alabama	Assistant Professor	
	Linda Lee, APR, Executive Director	Fred Robertson, MD Medical Director	Medical Director-RNICU, CCN and Necessital CCU	
	Heather Taylor, MD	Medical Director	Neosatal CCU	
	University of Alabama	Chris Dobbs	Pediatric Cardiologists	
		Provider Services Network	Robb Borrip, MD	
	DeeAnne Jackson, MD, MPH	Representative	University of Alabama at Birmingham Division of Pediatric Cardiology	
	University of Alabama at Birmingham	Brookwood Medical Center -	Division of Pediatric Cardiology	
	Keith Press, JD, MD	Birmingham	Barton Donk MD	
	University of South Alabama	Rhonda Hamm, MSN, RNC-NC, NIC	Pediatric Specialists of Montgomery	
	Division of Neonatology	Educator		
	Ten Stewart MD	Children's Rehabilitation Service	Waldernar F. Carlo, Jr., MD University of Alabama at Reministram	
	Tim Stewart, MD Humboolle Englishin Ensoniates	Children's Rehabilitation Service Senan Cribum, Parent Consultant	of Alabama at Berningham Assistant Professor of Barbatics	
	Hartania Fadadic Associatis	Family Voices	Alabama Congenital Heart Disease	
	Alabama Hospital Association		Center	
	Rosemary Blackmon	East Alabama Medical Center -		
	Executive Vice President/COO	Opelika Glenda Gooden, RN	Thomas Hospital - Fairhope Vicki Cartin, RNG-OB	
	Kim Swinney Morgan	Unit Manager Mother	VICKI CEPS, RINC-UB	
	Director of Regulatory Affairs	BebyPediatrics	Vaughn Regional Medical Center -	
			Selma	
	Carrie Rhodes, RN	Huntsville Hospital - Huntsville	Clara Moorer, RNC-OB/IP	
	Alabama Project Director of CUSP: Stop HAI	Sara Willowby Newborn Screening Coordinator	Alabama Department	
	aup resi	newcon screening coordinates	of Public Health	
	Alabama Medicald Agency	Jackson Hospital - Montromery	Thomas Miller, MD, MPH, FACOG	
	Robert Moon, MD	Cothy Griffen, RN	Deputy Director for Medical Affairs	
	Chief Medical Officer and Deputy	Patient Care Manager		
	Commissioner of Health Systems	Delivery and Nursery	Grace Thomas, MD, FACOG Societard State Health Officer	
	American Heart Association	Carol Pierce, RN	Assistant Scale Heath Uticer	
	Melanie Dridgeforth, MSW		Diarne M. Sims, BSN, RN	
	Government Relations Director	March of Dimes	Director, Children's Health Division	
		Robin Allison Collins, BA, BS, MA		
	Mark Miller Panert Arberrate	State Director of Program Services & Public Affairs	Davin Ellis, MPH, RN Assistant Disorter, Children's	
	Paners Advocate	& Public Analis	Health Division	
	Baptist Medical Center East -	Medical Center Enterprise -		
	Montgomery	Enterprise	Janice Smiley, MSN, RN	
	Lindsay Harris, RN	Jeff Brannon, RN	Director, State Perinatal Program	
	Wendy Oles, RN	CEO, Medical Center Enterprise	Cindy Arbley BSN RN C	
	Werey Oles, RN	Daniel Whitaker, MD	Director, Alabama Newborn	
	Miranda Crochet, RN		Screening Program	The second secon
The state of the s		Mobile Infirmary - Mobile		
	Baptist Medical Center South -	Ina Hall, Nurse Manager	Rachael Montgomery, BSN, RN	
	Montgomery	Neonatalogists	Nurse Supervisor, Alabama Newborn Screening Program	
	Carol Sprinkle, RN	Neonatologists Waldersar F. Carlo, MD	actioning ringuis	The second secon
		University of Alabama at Birmingham	Vicki Brant	The second secon
	Jenry Lazenby, RN	Director, Division of Neonatology	Children's Health Insurance	

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 Pulse oximetry screening is used to detect Critical Congenital Heart
 Disease (CCHD) in infants before they leave the hospital or prior to the ductus arteriosus closure (2-3 days after birth) when heart defect complications can develop.

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# Possible Physical Symptoms of Critical CHDs

- Problems breathing
- Pounding heart (heart murmur)
- Weak pulse
- Very pale or blue skin color
- Poor feeding
- Very sleepy

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### **CCHD**

- Screening targets seven specific anomalies classified as CCHD:
  - Hypoplastic left heart syndrome
  - Pulmonary atresia (with intact septum)
  - Tetralogy of Fallot
  - Total anomalous pulmonary venous return
  - Transposition of the great arteries
  - Tricuspid atresia
  - Truncus arteriosus

### **Equipment**

 Each birthing facility is responsible for selecting pulse oximeter equipment for screening newborns.



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### **Equipment Requirements**

- Equipment must be compliant with national standards and adhere to the following:
  - Motion-tolerant and report functional oxygen saturation
  - Validated in low-perfusion conditions
  - Cleared by the FDA for use in newborns
  - Calibrated regularly per manufacturer guidelines

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### **Training**

- Training should be performed by qualified personnel.
- Training should be hands-on, and competency based.

### **Training**

- Training should include:
  - Overview of screening protocol
  - Education on use of equipment
  - Differences between adult and pediatric oximeter probes
  - Importance of adequate circulation
  - Effects of hypothermia and phototherapy
  - Facility resources for timely pediatric echocardiogram

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### **Training Tools**

- Knowledge Assessment Quiz
- Competency Checklist

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### **Pulse Ox Probe Placement**

- Select probe placement on right hand and either foot.
- Place the photodetector portion of the probe on the fleshy portion of the infant's right hand and foot.
- Place the light emitter portion of the probe on the top of the right hand and foot.

### **Pulse Ox Probe Placement**

- The photodetector and emitter must be opposite each other in order to obtain an accurate reading.
- Secure the probe to the infant's right hand and either foot using the adhesive recommended by the manufacturer.

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### **Pulse Ox Probe Use**

- Use a new, clean probe for each infant.
- Clean a reusable probe with recommended disinfectant solution.
- Be sure to use an infant probe.
- There should not be gaps between the sensor and infant's skin.

### **Pulse Ox Screening**

- Ensure that the infant is calm and warm during the screening.
- Swaddle the infant and encourage family involvement to promote comfort.
- Do not use an automatic blood pressure cuff when obtaining a pulse ox reading.

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### Reminders

- Ensure that the infant is not placed in bright or infrared light while pulse ox is being performed.
- Do not use tape to apply the pulse ox probe to the infant's skin.
- Pulse ox readings are not instantaneous.

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 State law requires hospitals to report failed results to the Alabama Newborn Screening Program as soon as the screening is completed.

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Pulse Dx Saturation of Foot
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Third Screening (1 hour following second screening if fail second screen)
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Pulse Dx Saturation of Right Hand
Pulse Ox Saturation of Foot
Difference (right hand – foot) Difference (right hand – foot)
Other etiology identified:   Pulmonary  Infection  Unknown  Other:
Transferred:
Provider referred to:

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### **Parental Education**

- Establish a plan to educate parents prior to screening.
- A baby with a heart problem may have a normal pulse oximetry reading.
- Test is not painful and takes only a few minutes.

### **Knowledge Assessment**

- The following can affect the accuracy of the pulse oximetry reading:
  - A. Movement
  - B. Cold extremities or shivering
  - C. Crying
  - D. Bilirubin lamps and surgical lights

E. All the above

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### **Knowledge Assessment**

- One clean, disposable pulse ox probe can be used on up to five patients.
  - -A. True

B. False

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### **Knowledge Assessment**

- All of the following can affect the accuracy of the pulse ox reading except:
  - A. Placing the probe on same extremity you are taking the blood pressure
  - B. Performing while the infant is crying
  - C. Using a clip on the finger of an infant
- D. Infant skin color or jaundice

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- Pulse ox screening will detect all forms of congenital heart defects
  - -A. True
- B. False

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### **Knowledge Assessment**

- The screening guidelines state that pulse ox screening should be performed on:
  - -A. The right hand
  - -B. One foot
- C. Both a and b
  - -D. Neither a or b

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### **Knowledge Assessment**

- Pulse ox screening should be performed when the infant is what age?
  - -A. Less than 8 hours
  - -B. Between 8 hours and 18 hours
- C. Greater than 24 hours
  - -D. Less than 24 hours

### **Knowledge Assessment**

- If an infant fails the pulse ox screening, hospital staff should immediately:
  - A. Perform clinical evaluation
  - B. Immediate echocardiogram (may require transfer to NICU with cardiology services)
  - C. Referral for an outpatient echocardiogram

D. Both a and b

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### **Frequently Asked Questions**

- What is pulse oximetry?
  - -Simple test to measure oxygen
- How is pulse ox performed?
  - Sticky strip with a small red light is placed on hand and foot

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### **Frequently Asked Questions**

- Why is pulse oximetry used?
  - It is an easy method to determine if an infant's heart and lungs are healthy
- When will the pulse ox be performed?
  - -After the baby is 24 hours old

## **Frequently Asked Questions**

- What is a normal reading?
  - -95% or higher
  - Difference of 3 or less between the right hand and foot

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