

Hispanic / Latino Health Issues

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Video Communications and Distance Learning Division

Faculty

Julia Sosa, MS, RD
Assistant Director
Office of Minority Health
Alabama Department of Public Health

Changes in Patient Profile

- Latino population in Alabama has increased from 75,830 in 2000 to 185,602 in 2010
- Latinos continue to be the largest U.S. minority group

Changes in Patient Profile

- Alabama immigrants come from Mexico, Guatemala, Colombia, other Latin American countries
 - Many speak little or no English



Differences Among Latinos Living in Alabama

- Country of origin
- Place of residence
 - Rural, urban in own country
- Educational level
- Socio-economic status
- Immigration status

Diseases / Health Conditions in the Latino Population

- Diabetes
- Cardiovascular diseases
- Depression
- Cancer
- Sexually transmitted infections

Tips for Working with People Who Speak Another Language

- Do not think that people who are struggling with English are stupid
- Learn greetings, titles of respect, and attitude toward touching
- Write numbers down when giving instructions

Tips for Working with People Who Speak Another Language

- Ask questions in several different ways
- Be friendly, accepting, and approaching
 - “Everybody relates to a smile”

Conclusion

- Our goal is **IMPROVED HEALTH OUTCOME**
- Learning about other cultures is **FUN**
- Your patient doesn't have to speak English to understand that you care and are concerned for them