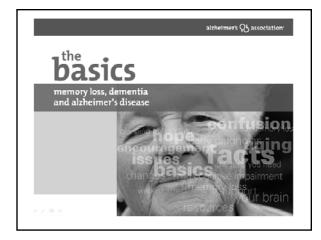
Alzheimer's from A to Z: Memory Loss, Dementia, and the Basics of Alzheimer's Disease

Satellite Conference and Live Webcast Thursday, February 2, 2017 12:00 – 1:00 p.m. Central Time

Produced by the Alabama Department of Public Health Distance Learning and Telehealth Division

Faculty

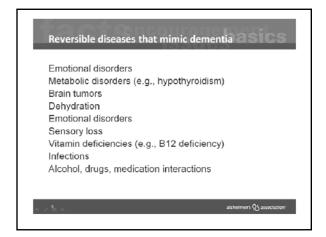
Jason Young
Director of Programs and Public Policy
Alzheimer's Association
Alabama / Florida Panhandle

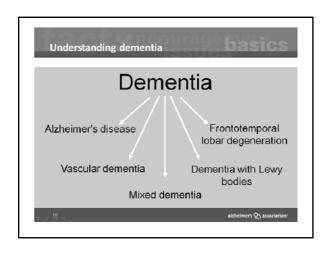


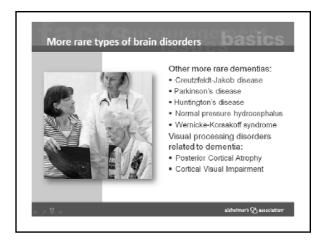
Typical changes ■ Typical age-related changes involve: • Making a bad decision once in a while • Missing an occasional monthly payment • Forgetting which day it is and remembering later • Sometimes forgetting which word to use • Losing things from time to time

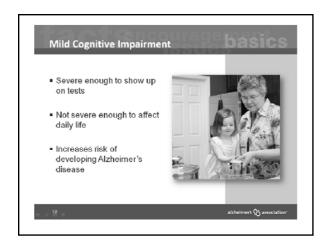
1. Memory changes that disrupt daily life 2. Challenges in planning or solving problems 3. Difficulty completing familiar tasks 4. Confusion with time or place 5. Trouble with visual images and spatial relationships 6. New problems with words in speaking or writing 7. Misplacing things and losing the ability to retrace steps 8. Decreased or poor judgment 9. Withdrawal from work or social activities 10. Changes in mood and personality

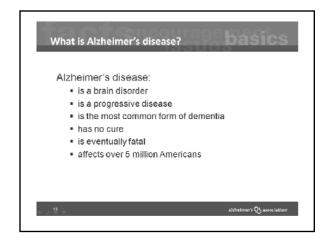
• Loss of cognitive functioning serious enough to interfere with daily functioning • Causes changes in: • Memory • Language • Thought • Navigation • Behavior • Personality/Mood • Planning and Organizing

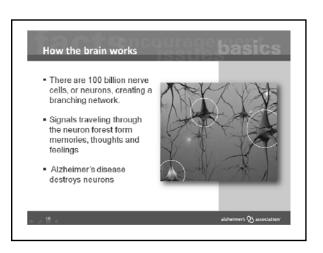


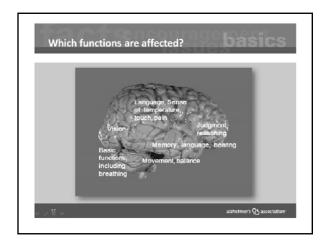


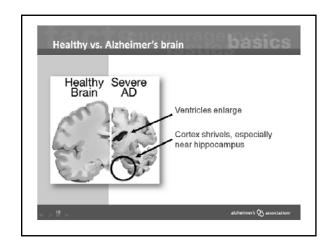


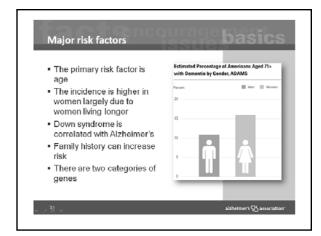


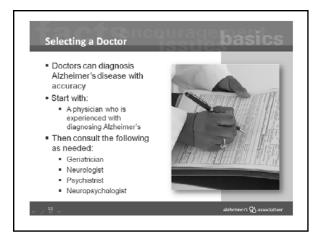












Preparing for the doctor's visit

Neep a log
Write a list of symptoms, be specific
Include when, how often and where
Develop the list with input from other family members

List current and previous health problems
Bring all medication (prescriptions, vitamins, herbal supplements and over the counter medication)

1. Medical history
2. Mental status evaluation
3. Series of evaluations that test memory, reasoning, visual-motor coordination and language skills
4. Physical examination, which includes:
• Evaluating blood pressure, nutrition and pulse
• Testing nervous system functions like sensation and balance
• A brain scan to rule out a stroke
• Lab tests to rule out other disorders
5. Psychilatric evaluation, to rule out emotional causes of symptoms
6. Interviews with family to get more information about changes

