

**Cardiovascular Disease
in Women**

**Satellite Conference and Live Webcast
Wednesday, February 16, 2011
2:00 - 4:00 p.m. Central Time**


**Produced by the Alabama Department of Public Health
Video Communications and Distance Learning Division**

Faculty

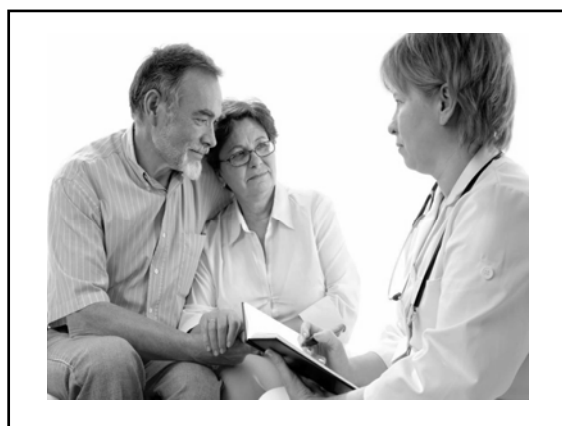
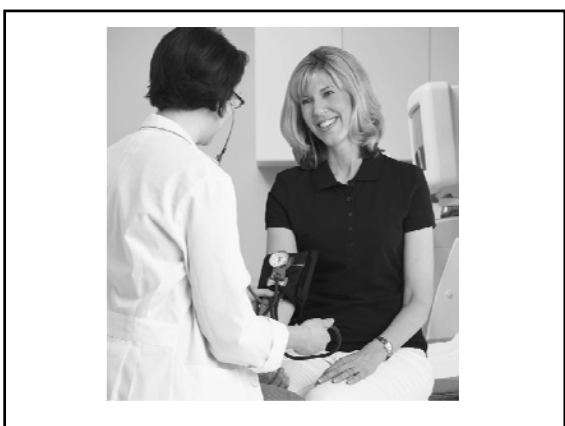
**Monique Wilson, MPH
Health Equity Regional Director
American Heart Association**




**More women die from cardiovascular
disease than from the next four
causes of death combined
including cancer**



**Every minute a woman dies from
cardiovascular disease**



Heart CheckUp



Take the Go Red Heart CheckUp today to learn your risk. It's free, only takes a few minutes and could save your life.


Take the Heart CheckUp



Better U
THE GO RED MAKEOVER THAT CAN CHANGE YOUR LIFE

Cardiovascular Disease

- Claims more than 432,000 women's lives each year
- 1 in 3 die of cardiovascular disease
- It claims more women's lives than the next four leading causes of death combined



More than 42 million women are living with cardiovascular disease





How Far We've Come Together



Federal Reserve Bank of Boston

How Far We've Come Together



How Far We've Come Together



How Far We've Come Together 2004



**How Far We've Come
Together 2004**



**How Far We've Come
Together 2004**



**How Far We've Come
Together 2005**



**How Far We've Come
Together 2005**



**How Far We've Come
Together 2006**



**WORLD HEART
FEDERATION®**

**How Far We've Come
Together 2006**



How Far We've Come Together 2008



How Far We've Come Together 2008



How Far We've Come Together 2009



Women's Awareness of Heart Disease as their #1 Killer

30% 1997
57% 2006



Go Red Women Are Making Healthier Choices

- More than one-third have lost weight
- More than half have increased their exercise
- Six of ten have changed their diets
- One-third have talked with their doctors about heart health

Now the Mission Is Yours





- Use your voice by sharing your story at GoRedForWomen.org
- Make heart-healthy choices by becoming a BetterU and enrolling in the free, 12-week online makeover
- Become an advocate for Go Red For Women



March 11
12-12-11
Heart Disease Survival

Thank You

