



# Cardiovascular Disease in Women

## Satellite Conference and Live Webcast

Wednesday, February 16, 2011, 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) 1:00-3:00 p.m. (Mountain) 12:00-2:00 p.m. (Pacific)

*Cardiovascular disease remains the leading killer of women in the United States. It's estimated that one in two women will die from heart disease or stroke, compared to one in 25 who die from breast cancer. The push to raise awareness about this silent killer is greater than ever. Program faculty will discuss national and local initiatives aimed at preventing heart disease as well as the disease's impact on women. Two women affected by cardiovascular disease will also share their personal stories of survival.*

### FACULTY:

#### Jenean Lord, RN, BSN

Clinical Educator  
Jackson Hospital Emergency Department  
Montgomery, AL

#### Melanie Rightmyer, MSN, RN

Director  
Cardiovascular Health Branch  
Alabama Department of Public Health

#### Julia Sosa, MS, RD

Deputy Director  
Office of Minority Health  
Alabama Department of Public Health

#### Monique Wilson, MPH

Health Equity Regional Director  
American Heart Association

#### Carolyn Bern and Sally Palmer

Survivor Perspectives

### PROGRAM OBJECTIVES:

1. Learn how cardiovascular disease impacts Alabama women.
2. Learn how the National Go Red Campaign promotes American Heart Health Month.
3. Learn about the American Heart Association's national and community initiatives to prevent heart disease.
4. Obtain a hospital perspective surrounding the treatment and prevention of heart disease.
5. Learn about the importance of reading food labels to promote low sodium consumption.
6. Receive testimonials from heart attack and stroke survivors.

### UPCOMING PROGRAMS:

#### Woman to Woman:

**Addressing Social Determinants to Health**  
Wednesday, May 18; 2:00-4:00 p.m. (Central Time)

### CONFERENCE DETAILS:

**Target Audience:** Nurses, social workers, health care providers, educators, public health educators, dietitians

**Continuing Education:** Nurses 1.6 hours, Social Workers 1.5 hours

**Registration:** [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Satellite** - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand** - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)

