

Go Red to Prevent Heart Disease in Women

SATELLITE CONFERENCE AND LIVE WEBCAST

Wednesday, February 17, 2010 2:00-3:00 p.m. (Central Time)

3:00-4:00 p.m. (Eastern) • 1:00-2:00 p.m. (Mountain) • 12:00-1:00 p.m. (Pacific)

Heart disease is the number one killer of women in the United States, that's why this next part of our health disparities series will focus on that topic. Awareness campaigns like "Go Red for Women Day" are popping up all across the country, but more still needs to be done to spread the word about the dangers of cardiovascular disease in women. Join us to find out more about the disease, its effects, and what you can do to help prevent it.

The content of this program is based on the policies and procedures of the Alabama Department of Public Health, Alabama and federal statutes, rules, regulations, and guidelines. Viewers not employed by the ADPH should always check to clarify whether the content is accurate according to the statutes, regulations, and policies of their jurisdiction and agency.

PROGRAM OBJECTIVES

1. Discuss how cardiovascular disease impacts Alabamians.
2. Learn about Alabama's plan to address and prevent cardiovascular disease.
3. Understand general facts, effects, and risk factors of heart attack and stroke on women.
4. Discover the American Heart Association's national and community initiatives to prevent heart disease.
5. Hear personal testimonials from women survivors of heart attack and stroke.

FACULTY

Melanie Rightmyer, RN, BSN
Director
Cardiovascular Health Branch
Alabama Department of Public Health

Dusty Young, BA
Director
Cultural Health Initiatives
American Heart Association

Pat Brown and Sally Palmer
Survival Testimonials

Previous Programs

Available as On Demand Programs
www.adph.org/ALPHTN

Next Program

Combating Obesity Through Nutrition and Physical Activity
Wednesday, March 17, 2010
2:00 – 3:00 p.m. (Central Time)

CONFERENCE DETAILS

Target Audience: Nurses, social workers, health care providers, educators, public health educators.

Continuing Education: Nurses 1.0 hours, Social Workers 1.0 hours

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn.

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (Expires on January 28, 2011.)