## Produced by the Alabama Department of Public Health

The Alabama Department of Public Health is a partner of the Public Health Training Network

Addressing Diabetes & Cardiovascular Health in the Clinical & Community Setting

Satellite Conference and Live Webcast

Monday, March 16, 2009 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

ccording to the American Diabetes Association, cardiovascular disease (CVD) is the leading cause of death among people with diabetes, accounting for at least two out of three diabetes-related deaths. What's more, most diabetes patients do not even realize they're at a higher risk for complications like heart disease and stroke. Diabetes can never be cured, but it can be managed if patients are properly educated about the disease. It's critical they know that risk reduction is possible if they understand that diabetes is more than managing blood glucose. It is managing blood glucose, blood pressure, cholesterol and other CVD risk factors.

This program will explore, in great depth, diabetes complications, postionical these particulars.

This program will explore, in great depth, diabetes complications, particularly those related with first and secondhand smoke inhalation and the benefits of community training programs and coalitions. Studies have shown when those with diabetes take steps to also ensure good cardiovascular health, they can lead long, healthy lives. So help a diabetic make that first step today.

## Program Objectives

- 1. Understand how the Alabama electronic system improves care coordination.
- 2. Recognize complications smoke has on diabetes and cardiovascular disease.
- 3. Gain knowledge of smoking cessation plans and the Alabama QuitLine.
- 4. List contributing factors to successful diabetes coalitions in rural Alabama counties and identify where a coalition is needed.

## Faculty

Mary McIntrye, MD, MPH
Medical Director
Office of Clinical Standards and Quality
Alabama Medicaid Agency

Additional faculty include representatives from the Alabama Department of Public Health and community based organizations.

- 5. Know how to recruit and develop new partnerships to create a successful community coalition.
- 6. Identify three themes for community training programs.
- 7. Become familiar with how to create an action plan and communicate with physicians or primary care providers.

## Conference Details

**Target Audience:** Nurses, physicians, clinicians, public health departments, diabetes specialists, cardiovascular specialists, diabetics, school nurses, social workers, dietitians

**Registration:** www.adph.org/alphtn **Cost:** There is no cost to view.

Continuing Education: Social Workers 1.67 hours approved • Nurses 2.0 hours approved

Nutritionists 2.0 hours pending

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn

Satellite: Live satellite conference on C band (analog).

**Webcast:** Live webcast with RealPlayer or Windows Media Player. Be sure to test your computer with the "test connection link" at www.adph.org/alphtn

Audio: Call in toll-free to listen over your phone. 1-866-941-6093

On Demand: Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Questions For Faculty:** Email: alphtnquestions@adph.state.al.us • Fax: 334-206-5640 **Conference Details Questions:** Call: 334-206-5618 | Email: alphtn@adph.state.al.us

Alabama Public Health Training Network