

Directly Observed Therapy (DOT) and Contact Tracing

**Satellite Conference and Live Webcast
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**Produced by the Alabama Department of Public Health
Video Communications and Distance Learning Division**

Faculty

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Directly Observed Therapy (DOT)

- Ensures the patient completes an adequate regimen
- Lets HCW monitor the patient regularly for side effects and response to therapy
- Helps HCW solve problems that might interrupt treatment
- Helps patient become noninfectious sooner

Contact Tracing

- If the individual has a temperature of 100.4 or greater, or signs and symptoms of Ebola, notify EPI immediately
- IMM staff will ask the traveler to list all contacts during symptomatic period and IMM will contact EPI
- EPI will notify STD staff to begin contact tracing

Monitoring Contacts

- Assistant State Health Officers will assess each contact by risk exposure
 - High, Some, Low, or No Identifiable
- Based on risk exposure all contacts will be monitored as Active or Direct - Active for 21 days