



- Relationships are the building blocks of families and community. The rewards for a healthy committed relationship extend beyond emotional stability and life satisfaction. Healthy and unhealthy relationships have an impact on physical health, disease prevention, adult and child mental health, as well as child behavior. Program faculty will discuss the Alabama Healthy Marriage and Relationship Education Initiative (AHMREI) and how to incorporate the online and offline resources available to support public health staff in their work with families.

### **FACULTY:**

**Francesca Adler-Baeder, PhD, CFLE**

Director

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# HEALTHY RELATIONSHIPS TRAINING

## **Satellite Conference and Live Webcast**

Monday, April 15, 2013, 9:00-11:00 a.m. (Central Time)

10:00 a.m.-12:00 p.m. (Eastern) ■ 8:00-10:00 a.m. (Mountain) ■ 7:00-9:00 a.m. (Pacific)

### **PROGRAM OBJECTIVES:**

1. Learn some easy-to-use methods to incorporate relationship information as a health professional in working directly with clients.
2. Learn about the health consequences of healthy and unhealthy relationships.
3. Learn about physiological changes which occur during healthy relationship interaction.
4. Understand the AHMREI online and offline resources available for service providers, adults, and teens.
5. Receive contact information for classes offered throughout Alabama for more in-depth relationship education courses.

### **CONFERENCE DETAILS:**

**Target Audience:** Social workers, counselors, educators

**Continuing Education:** Social workers 2 hours

*\*Non-ADPH employees are charged a fee to receive CE Certificates.*

*Additional information can be found at [www.adph.org/alphnt](http://www.adph.org/alphnt)*

**Registration:** [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphnt](http://www.adph.org/alphnt)

*Satellite* - Live satellite conference on C band (analog).

*Webcast* - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphnt](http://www.adph.org/alphnt)

*Audio* - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

*On Demand* - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphnt@adph.state.al.us](mailto:alphnt@adph.state.al.us)