

# UNDERSTANDING AND HELPING A SUICIDAL PERSON

## *Satellite Conference and Live Webcast*

Monday, April 18, 2011, 1:00-3:00 p.m. (Central Time)  
2:00-4:00 p.m. (Eastern) ■ 12:00-2:00 p.m. (Mountain) ■ 11:00 a.m.-1:00 p.m. (Pacific)

### FACULTY:

**Mary L. Bartlett, PhD, LPC-CS, NCC, CFLE**

Suicide Prevention and Risk Consultant  
Magnolia Creek Treatment Center for Eating Disorders  
Birmingham, Alabama

### PROGRAM OBJECTIVES:

1. Explain the suicidal thinking process.
2. Identify risk and protective factors, and warning signs.
3. Provide effective intervention strategies.

### CONFERENCE DETAILS:

**Target Audience:** Nurses, social workers, mental health professionals, home care providers, therapists, school guidance counselors, educators, administrators, supervisors, ADPH E/D, HIV/AIDS waiver case managers, anyone interested in learning more about the signs of suicide.

**Continuing Education:** Nurses 1.8 hours

**Registration:** [www.adph.org/alphn](http://www.adph.org/alphn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphn](http://www.adph.org/alphn)

*Satellite* - Live satellite conference on C band (analog).

*Webcast* - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphn](http://www.adph.org/alphn)

*Audio* - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

*On Demand* - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphn@adph.state.al.us](mailto:alphn@adph.state.al.us)

*No other behavior generates more stress and fear among mental health professionals than suicidal behavior, yet many are undertrained in best practices for managing this psychiatric emergency. This training will help both public and mental health professionals engage with, evaluate, and work more effectively with suicidal people. Program faculty will explain the suicidal mind, identify risk and protective factors and warning signs, and describe evidence-based, best practices for assessing and intervening with a suicidal person.*

**\*\*This training is a required in-service for 2011 for E/D and HIV/AIDS Waiver case management staff employed by the Alabama Department of Public Health to include Case Managers, Area Social Work Managers, and Area Social Work Directors who have direct client contact.\*\***

**\*\*This training is a required in-service for 2011 for Patient First and Plan First Social Workers employed by the Alabama Department of Public Health.\*\***