# **Sexually Transmitted Diseases Affecting Men**

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## **Faculty**

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## **Overview of STDs Affecting Men**

 A sexually transmitted disease is any disease that can be transmitted through physical intimacy, including kissing, oral sex, and sex, and any type of genital contact

## **Overview of STDs Affecting Men**

- There are an estimated 19 million cases of STDs in the United States every year
  - Half or more are in people 25 years and younger
- STDs can be caused by bacteria, virus, protozoa, or parasite

## **Bacterial STD Infections and Clinical Presentations in Men**

- Chlamydia
  - Urethral discharge (urethritis) will lead to epididymitis, orchitis, and infertility if not treated
- Gonorrhea
  - Urethral discharge (urethritis),
     epididymitis, orchitis, infertility

# **Bacterial STD Infections and Clinical Presentations in Men**

- Syphilis
  - Primary ulcer (chancre) with local adenopathy; secondary skin rash, condylomata; bone, cardiovascular, and neurological damage

## **Bacterial STD Infections and Clinical Presentations in Men**

- Chancroid
  - Painful genital ulcers; may be accompanied by bubo
- Lymphogranuloma Venereum (LGV)
  - Ulcer, inguinal swelling (bubo), proctitis

## **Bacterial STD Infections and Clinical Presentations in Men**

- Granuloma Inguinale (Donovanosis)
  - Ulcerative lesions of the inguinal and anogenital areas

#### **Viral STD Infections**

- HIV
  - -HIV-related diseases, AIDS
- Genital Herpes
  - Anogenital vesicular lesions and ulcerations
- Genital Warts
  - Penile and anal warts; carcinoma of the penis

#### **Viral STD Infections**

- Viral Hepatitis
  - Acute hepatitis, liver cirrhosis, liver cancer

## **Protozoal STD Infection**

- Trichomoniasis
  - Urethral discharge (nongonococcal urethritis (NGU))
  - -Often no symptoms

## **Parasitic STD Infections**

- Pubic Lice
  - -Itching in the genital area
  - Visible nits (lice eggs) or crawling lice
- Scabies
  - Intense itching and a pimple-like skin rash

#### **Risk Factors**

- Multiple sex partners
- · Lack of condom use
- Adolescent
- Men who have sex with men (MSM)
- · Drug/alcohol use
- Sex for money or drugs

#### **STD Prevention**

- Abstinence
  - -Only sure way to prevent STDs
- Reduction of sex partners
  - If sexually active, be in a long-term relationship with an uninfected person
- Condom use
  - Correct and consistent use of male condoms reduces the risk of HIV and certain STDs

## **STD Prevention**

- Screening
  - Promote treatment, avoid spread and serious consequences
- Immunizations
  - -HPV and Hepatitis B prevention
- Symptoms
  - -Immediately see your provider



























