

How Hydration and Good Nutrition Can Help Home Care and Long Term Care Patients

Satellite Conference and Live Webcast

Wednesday, April 22, 2015, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

Adequate hydration and good nutrition make up the foundational pillars of well being and good health, yet both are major challenges for many patients in Home Care and Long Term Care settings. The lack of hydration and nutrition are often reasons why patients who are elderly, have dementia or any variety of chronic illnesses are often re-admitted to the hospital. In this program, program faculty will discuss the need for hydration and good nutrition and review strategies to improve patient outcomes and prevent unnecessary re-hospitalizations.

PROGRAM OBJECTIVES:

1. Define malnutrition.
2. List the signs and symptoms of malnutrition.
3. List causes of malnutrition in home care patients.
4. Differentiate between a hydrated and dehydrated home care patient.
5. Describe the appropriate hydration for a home care patient.

FACULTY:

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CONFERENCE DETAILS:

Target Audience: Nurses, social workers, nutritionists, dietitians and other professionals who work with home health and long term care patients

Continuing Education: Nurses 2 hours, social workers 2 hours

**Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphntn*

Registration: www.adph.org/alphntn

Technical Information: To receive complete technical information you must register at www.adph.org/alphntn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphntn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphntn@adph.state.al.us

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The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.