

Produced and sponsored by the Alabama Department of Public Health  
Coordinated by the Region IV PHTC and the Alabama Area Health Education Center (AHEC)



# How “MI” am I? Working with clients across the spectrum of volunteerism

Satellite Conference and Live Webcast

Tuesday, April 23, 2019 1:00-2:00 p.m. (Central Time)  
2:00-3:00 p.m. (Eastern) • 12:00-1:00 p.m. (Mountain) • 11:00 a.m.-12:00 p.m. (Pacific)

**C**lients and patients present for services in varying degrees of readiness to change. Motivational Interviewing (MI) is one evidence-based method deemed effective for addressing behavior change across the spectrum of motivation. The purpose of this program is to provide a brief introduction to MI, a person-centered and goal-oriented method for enhancing intrinsic motivation to change by eliciting an individual’s own reasons and means for change. This interactive presentation will introduce the four processes of MI with particular focus on engagement and accurate empathy.

**ALABAMA AHEC**  
Alabama Statewide AHEC Program



Region IV Public Health  
Training Center

## PROGRAM OBJECTIVES

1. Define spectrum of “volunteerism.”
2. Provide a brief review of MI.
3. Describe active listening, accurate empathy, and empathic understanding.
4. Discuss how MI can enhance engagement across the spectrum of volunteerism.

## FACULTY

**Denice Crowe Clark, LMFT, BC-TMH**  
Licensed Marriage and Family Therapist  
Board Certified Telemental Health Professional

## CONFERENCE DETAILS:

**Target Audience:** Social workers, substance abuse counselors, clinicians, other health care professionals, psychologists, and public health professionals

**Continuing Education:** Nurses 1 hour and social workers 1 hour

*\*Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn)*

**Registration:** [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn).

**Satellite** - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player.

Test your computer with the “test connection link” at [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn).

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand** - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)

*\*The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation\**

*\*The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.\**

The Alabama Area Health Education Centers are committed to expanding the health care workforce, maximizing diversity and facilitating distribution, especially in underserved communities. The Alabama Public Health Training Network is a community-based training partner within the HRSA funded Region IV Public Health Training Center network. The mission of the Region IV Public Health Training Center is to strengthen competence of the current and future public health workforce in HHS Region IV.