

## How MI am I? Working with Clients across the Spectrum of “Volunteerism”

Satellite Webcast

Social Work CEU Quiz

April 23, 2019

(Select only the one best answer)

1. Motivational Interviewing is a way of arranging the conversation so that the client is \_\_\_\_\_ for change.
  - A) asking
  - B) arguing
  - C) desperate
  - D) motivated
  
2. Learning to engage in motivational interviewing includes:
  - A) Individuals need to feel safe
  - B) May take time
  - C) Ambivalence is normal
  - D) Therapeutic alliance is essential to change
  - E) All of the above
  
3. Empathy is:
  - A) Feeling for or pitying someone
  - B) Absence of feeling or caring
  - C) Literally feeling in
  - D) Not identifying
  
4. Road blocks to listening include:
  - A) Persuading
  - B) Judging
  - C) Agreeing
  - D) All of the above
  
5. MI helps clients resolve ambivalence toward the goal of healthy behavior change
  - A) True
  - B) False

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