

# Early Experiences and Mental Health: A Public Health Perspective



## **Satellite Conference and Live Webcast**

Monday, May 6, 2013; 11:00 a.m.-12:30 p.m. (Central Time)  
12:00-1:30 p.m. (Eastern) ■ 10:00-11:30 a.m. (Mountain) ■ 9:00-10:30 a.m. (Pacific)

*Why are early experiences so important from the perspective of human brain development? Program faculty will attempt to answer this question by reviewing brain development and the role of experiences, as well as consider evidence for sensitive periods in behavioral development. The crucial role of caregiving relationships in typical development and in recovery from adversity will be emphasized. Examples of universal, indicated and selected interventions documented to enhance development will also be given.*

### **Faculty:**

#### **Charles H. Zeanah, Jr., MD**

Sellars Polchow Chair in Psychiatry  
Vice Chair of Child and Adolescent Psychiatry  
Tulane University School of Medicine

#### **Paula Zeanah, PhD**

Professor of Psychiatry and Pediatrics  
Director of Psychology in the Department of Psychiatry  
Tulane University School of Medicine

### **Program Objectives:**

1. Define experience expectant and experience dependent development.
2. State the difference between sensitive periods in brain and in behavioral development.
3. Illustrate evidenced-based interventions that are universal, indicated, and selected for changing young children's developmental trajectories.

### **Conference Details:**

**Target Audience:** Social workers, nurses, school counselors, public health educators, pediatricians, psychologists, psychiatrists, anyone working in a mental health setting

**Continuing Education:** None for this program

**Registration:** Available at [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphtn](http://www.adph.org/alphtn).

**Satellite** - Live satellite conference on C band (analog)

**Webcast** - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

**On Demand** - Available on our website two days after live broadcast.

**Conference Materials:** Available at [www.adph.org/alphtn](http://www.adph.org/alphtn) approximately one week before the program.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)