

Get Heart Smart! Learn the ABCS to Blood Pressure Control
Satellite Webcast
May 21, 2012
Social Worker Exam

(Select only the one best answer)

1. The 3 R's of stroke prevention are _____:
A) Reduce the risk of stroke
B) Recognize warning signs of stroke
C) Respond immediately to stroke
D) All of the above

2. The ABCS of Heart Disease, Stroke, and Diabetes are _____:
A) Appropriate Aspirin Therapy
B) Blood Pressure Control
C) Cholesterol
D) Stop Smoking
E) All the above

3. On average, a stroke occurs every _____:
A) 2 minutes
B) 40 seconds
C) 1 hour
D) 10 minutes

4. Blood pressure is the amount of force that blood exerts on the walls of blood vessels as it travels through the circulatory system.
A) True
B) False

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone #: _____ Email: _____