

### WHI-FI MISSION

- To provide health information, education, and facilitate healthcare service referrals for women dislocated and disadvantaged due to their incarceration.
- Nurturing healthy lifestyle pre and post release.
- Improve health outcomes for previously incarcerated women.

### Helpful Websites

[www.alabamahealthywomen.com](http://www.alabamahealthywomen.com)

[www.womenshealth.gov](http://www.womenshealth.gov)

[www.speakingofwomenshealth.com](http://www.speakingofwomenshealth.com)

[www.womenofhope.org](http://www.womenofhope.org)

[www.adph.org](http://www.adph.org)

[women.web-med.com](http://women.web-med.com)

[www.cdc.gov/women](http://www.cdc.gov/women)

### ADOC Facilities

Julia Tutwiler Prison/Tutwiler Annex

Montgomery Women's Facility

Birmingham Community Based Facility



### Aid to Inmate Mothers

#### Mission Statement

Providing services to Alabama's incarcerated women with emphasis on enhancing personal growth, and strengthening the bonds between inmate mothers and their children.

P.O. Box 986, Montgomery, AL 36101-0986  
 Physical - 434 N. McDonough Street, Montgomery, AL 36104

**Toll Free: 1-800-679-0246**

OFFICE OF

### WOMEN'S HEALTH

ALABAMA DEPARTMENT OF PUBLIC HEALTH

#### MISSION

To promote the health of women throughout the state of Alabama by:

- Facilitating and coordinating information and education about women's health
- Creating partnerships and strategic alliances with key stakeholders
- Advocating for equitable public policy on issues that affect women's health

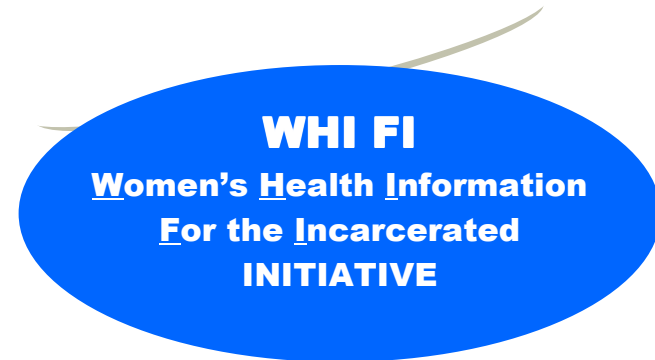


Alabama Department of Public Health

P. O. Box 303017

Montgomery, Alabama 36130-3017

1-800-255-1992



### A Community Partnership

Aid to Inmate Mothers

The Office of Women's Health

Alabama Department of Public Health

Alabama Department of Corrections

## WHI FI Initiative Overview

The Women's Health Information For the Incarcerated Initiative was developed as a result of the input of several women in the healthcare and criminal justice professions who were concerned about the health and well-being of incarcerated women.

### PURPOSE

To improve the health outcomes for women as they transition from prison to the community; positively impacting their lives, the lives of their families, and society as a whole.

WHI FI will strive to bring awareness of health issues that impact women, and especially those who are disadvantaged and dislocated due to incarceration.

WHI FI held its first health education program in January 2008 at Julia Tutwiler Prison. Since its inception, WHI FI has made 40+ presentations to more than 1100 incarcerated women .

### Health Topics

Breast & Cervical Cancer

Cardiovascular Disease

Chronic Obstructive Pulmonary Disease

Nutrition & Physical Activity

Reproductive Health

Sexual Health

Oral Health & Hygiene

Diabetes Education

Arthritis

Infant Mortality

Good Mental Health

Hypertension

Obesity

Hepatitis

Staph Infections (MRSA)

Tattoos & Body Art

Tuberculosis & Hepatitis

*February 2008—GO RED Event*

*Montgomery Women's Facility*

