

Demystifying Systemic Lupus Erythematosus

Satellite Conference and Live Webcast

Thursday, May 31, 2018, 12:00-1:00 p.m. (Central Time)

1:00-2:00 p.m. (Eastern) ■ 11:00 a.m.-12:00 p.m. (Mountain) ■ 10:00-11:00 a.m. (Pacific)

Faculty:

Amanda Schnell, MD

Rheumatology Fellow

University of Alabama at Birmingham

Program Objectives:

1. Recognize the signs and symptoms of lupus.
2. Know when to effectively refer a suspected lupus case to a rheumatologist.
3. Know how to initiate a work-up for lupus.
4. Have increased knowledge about lupus epidemiology, health disparities and disease characteristics.

Conference Details:

Target Audience: Primary Care Providers, Nurses, Social Workers, and other healthcare providers

Continuing Education: CMEs (provided by the American College of Rheumatology for physicians) 1 hour;
Nurses 1 hour and social workers 1 hour

*Non-ADPH employees are charged a fee to receive CE Certificates.

Registration: www.alabamapublichealth.gov/alphntn

Technical Information: To receive complete technical information you must register at www.alabamapublichealth.gov/alphntn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.alabamapublichealth.gov/alphntn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

*To be eligible for CME's, completion of a pre-test and post-test will be required. The pre-test will be posted 2 hours prior to the program (10:00 a.m. CT) and must be completed before the start of the program. The post-test will be posted at the completion of the program and must be completed by 5:00 p.m. CT on the day of the program, May 31, 2018.

Conference Details Questions: Call: 334-206-5618 | Email: alphntn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.

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A lupus diagnosis can take as long as two or more years and include visits to three or more health care providers. Lupus is challenging to diagnose because it can mimic other conditions like viral syndromes, malignancies, allergic reactions, and stress. This delay in diagnosis can be devastating for a person with lupus, leading to organ failure and a fivefold increased risk of death.

Specific racial and ethnic minorities with lupus have mortality rates at least three times as high as white individuals, often because they are poor and do not have access to primary-care doctors and specialists who can diagnose and treat them. A person who is feeling sick will often seek help from a primary care provider or emergency room at the onset of symptoms. It is crucial that these providers recognize potential symptoms of lupus and make referrals to rheumatologists when appropriate. Yet, the amount of training these providers receive in medical school varies widely, with some students receiving only 90 minutes of education on lupus.

With early diagnosis, the chances of a person with lupus living a full life with a manageable, chronic disease are increased. It is our mission to educate primary care providers, nurses, social workers, etc. about lupus so people with lupus can get the correct referral, diagnosis, and treatment they need.



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