

# MENOPAUSE:

## The Third Stage in a Woman's Life

### Satellite Conference and Live Webcast

Wednesday, July 28, 2010 • 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

Produced by the Alabama Department of Public Health

The Alabama Department of Public Health is a partner of the Public Health Training Network

### PROGRAM OBJECTIVES

1. Describe the signs and symptoms of menopause.
2. Discuss treatment regimens related to symptom relief.
3. Identify women's health issues related to aging.

Menopause affects every woman, and it affects every woman differently. Program faculty will provide information about menopause and its signs and symptoms, and will also discuss treatment options and explore hormonal and alternative therapies. Faculty will also offer insight on other women's health issues related to aging.

### FACULTY

**Gabriele Darch, CRNP**  
Nurse Practitioner Senior  
Bureau of Family Health Services  
Alabama Department of Public Health

**Ramona Hawkins, CRNP**  
Nurse Practitioner Senior  
Bureau of Family Health Services  
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**Beth Nichols, CRNP**  
Nurse Practitioner Director  
Bureau of Family Health Services  
Alabama Department of Public Health

**Grace Thomas, MD**  
Women's Health Medical Director  
Bureau of Family Health Services  
Alabama Department of Public Health

*The content of this program is based on the policies and procedures of the Alabama Department of Public Health, Alabama and federal statutes, rules, regulations, and guidelines. Viewers not employed by the ADPH should always check to clarify whether the content is accurate according to the statutes, regulations, and policies of their jurisdiction and agency.*

### Conference Details

**Target Audience:** Alabama Department of Public Health nurse practitioners and Alabama Department of Public Health nurses.

**Continuing Education:** Nurses (ASNA) 2 hours

**Registration:** [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphnt](http://www.adph.org/alphnt).

**Satellite** - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphnt](http://www.adph.org/alphnt).

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand** - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphnt@adph.state.al.us](mailto:alphnt@adph.state.al.us)

*The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (Expires January 28, 2011.)*

**ALABAMA PUBLIC HEALTH TRAINING NETWORK**