

Managing the Obese Patient: Nutrition, Skin, and Mobility Issues

Satellite Conference and Live Webcast

Wednesday, August 8, 2012, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

Obesity rates continue to climb across the United States and so do their medical and economic consequences. In 2008, the medical care costs for obesity totaled nearly \$150 billion dollars. Being overweight or obese also increases the risks for certain medical conditions such as cardiovascular disease, diabetes, and changes in skin. Program faculty will discuss challenges associated with caring for an overweight or obese patient, and provide tips on keeping you and your patient safe during care.

PROGRAM OBJECTIVES:

1. Verbalize the increase of obesity in the United States.
2. Verbalize diseases related to obesity, cost of health care, and how to manage obesity.
3. Identify skin changes due to obesity, treatment for skin changes, and wound care.
4. Verbalize issues resulting from musculoskeletal disorders and cost related to injuries.

CONFERENCE DETAILS:

Target Audience: Home care nurses and social workers

Continuing Education: Nurses 1.8 hours, Social Workers 1.75 hours

Registration: www.adph.org/alphntn

Technical Information: To receive complete technical information you must register at www.adph.org/alphntn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphntn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphntn@adph.state.al.us

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The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation