

A GING GRACEFULLY: HEALTH CARE SERVICES FOR OLDER A DULTS Satellite Conference and Live Webcast

Wednesday, August 17, 2011, 2:00-4:00 p.m. (Central Time) 3:00-5:00 p.m. (Eastern) •1:00-3:00 p.m. (Mountain) •12:00-2:00 p.m. (Pacific)

The number of senior citizens in the United States is quickly increasing and some estimates show that by the year 2030, roughly 20% of the population will be senior citizens. This aging population is expected to have a large effect on the country's health and social service systems. One way to lessen the blow is to promote healthy living practices in older adults. Program faculty will discuss life care services, state programs, and federal initiatives available to assist seniors and promote healthier lifestyles.

FACULTY

Julie Miller Program and Planning Division Chief Alabama Department of Senior Services

Carolyn O'Bryan-Miller, LCSW, PIP Home Health Social Work Consultant Alabama Department of Public Health

Anna Pritchett, MA

Associate State Director for Advocacy and Outreach AARP Alabama

PROGRAM OBJECTIVES

- 1. Learn about the health disparities in the aging population.
- 2. Learn about home health and life care services for aging adults.
- 3. Provide an overview of AARP initiatives for adults over 50.
- 4. Discuss statewide programs available through the Alabama Department of Senior Services.

UPCOMING PROGRAM

Mental Health Issues in Underserved Youth and the Aging Population Wednesday, September 21; 2:00-4:00 p.m. (Central Time)

PREVIOUS PROGRAMS

Available On Demand: www.adph.org/alphtn

CONFERENCE DETAILS

Target Audience: Nurses, social workers, dietitians, home care nurses, any health care providers or professionals working with the elderly population. Continuing Education: Dietitians 2 hours; Nurses 1.9 hours, Social Workers 1.75 hours Registration: www.adph.org/alphtn Technical Information: To receive complete technical information you must register at www.adph.org/alphtn Satellite - Live satellite conference on C band (analog). Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference. On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website. **Conference Materials:** Posted on our website approximately one week before the program for registered participants. Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation