# SUPPORTING CHILDREN'S MENTAL HEALTH NEEDS IN THE AFTERMATH OF A DISASTER: PEDIATRIC PEARLS

#### Satellite Conference and Live Webcast

Thursday, August 25, 2011, 5:30-7:00 p.m. (Central Time) 6:30-8:00 p.m. (Eastern) 4:30-6:00 p.m. (Mountain) 3:30-5:00 p.m. (Pacific)

As communities across Alabama are still experiencing the pain and suffering of unprecedented loss from the devastation of the tornados this past April, special attention needs to be paid to one of the highest risk groups-children. Whether a child has personally experienced trauma, has merely seen the event on television, or has heard it discussed by adults, it is important that health care professionals be informed and ready to help if reactions to stress begin to occur. Join us for an hour presentation and a 30 minute discussion of your questions and comments.

## **FACULTY**

## David J. Schonfeld, MD, FAAP

Developmental-Behavioral Pediatrician Director

Division of Developmental and Behavioral Pediatrics and The National Center for School Crisis and Bereavement Cincinnati Children's Hospital Medical Center

# **WEBCAST DETAILS**

**Target Audience:** Pediatricians, family physicians and other clinical staff; mental health professionals and

social workers who work with children and their families; and school personnel

CME: 1 hour, See below \*\*HOURS ONLY APPROVED FOR LIVE WEBCAST ON AUG. 25, 2011

Psychologists & Counselors: 1.5 hours, See below \*\*HOURS ONLY APPROVED FOR LIVE WEBCAST ON AUG. 25, 2011

Continuing Education: Nurses 1.5 hours, Social Workers 1.5 hours

**Registration:** www.adph.org/alphtn

**Technical Information:** To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog)

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the webcast.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Webcast Materials:** Posted on our website approximately one week before the program for registered participants.

#### Accreditation

Children's of Alabama designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Medical Association of the State of Alabama through the joint sponsorship of Children's of Alabama and the Alabama Chapter-AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

- \*\*The Alabama Department of Mental Health is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Alabama Department of Mental Health maintains responsibility for this program and its content.\*\*
- \*\*The Alabama Department of Mental Health is an NBCC Approved Continuing Education Provider (ACEPTM) and a co-sponsor of this event/program. The Alabame Department of Mental Health may award NBCC approved clock hours for events or programs that meet NBCC standards. The ACEP maintains responsibility for the content of this event\*\*
- \*\*This program offers 1.5 continuing education credits for counselors and psychologists. In order to receive credit, participants must view the entire live webcast and complete the evaluation form. Statements of Credit will be mailed upon completion.\*\*
- \*\*The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation\*\*

#### **LEARNING OBJECTIVES**

Upon completion of this live activity, participants will be able to:

- 1. Discuss the impact of disaster on the emotional well-being of parents and children and how it can manifest at home and in school.
- 2. Demonstrate ways for parents and staff in school settings to recognize signs of stress and other adjustment difficulties in children.
- 3. Describe strategies for parents and staff in school settings to employ to cope with these effects, regain emotional control, and promote recovery and resiliency in children.

