

# Mental Health Issues in Underserved Youth

## Satellite Conference and Live Webcast

Wednesday, September 14, 2011, 2:00-3:30 p.m. (Central Time) 3:00-4:30 p.m. (Eastern) •1:00-2:30 p.m. (Mountain) •12:00-1:30 p.m. (Pacific)

The mental health needs of adolescents are increasing drastically. Studies suggest one in five youth in the United States are thought to have a mental disorder. Further research shows certain populations of youth living in low-income, urban communities may be at even greater risk for developing mental health problems. Program faculty will address the partnerships, programs, and services addressing mental illness in adolescents and children in Alabama.

## **FACULTY:**

## Gayla Caddell, MS

Child and Adolescent Resource Specialist
Division of Mental Illness and
Substance Abuse Services
Alabama Department of Mental Health

## Elana Parker Merriweather, MEd, MLAP

Health Equity Programs Manager Office of Minority Health Alabama Department of Public Health

#### Linda Hames, MEd

Rehabilitation Specialist
Alabama Department of Rehabilitation Services

## PROGRAM OBJECTIVES:

- 1. Identify signs and symptoms of mental illness in children and adolescents.
  - 2. Discuss common mental health diagnoses in underage youth.
  - 3. Explain prevention strategies for addressing depression and suicidal ideations.
- 4. List mental health programs and treatment options for community providers that serve mentally ill youth.
- 5. Describe programs available through the Alabama Department of Rehabilitation Services that are available to mentally ill children and adolescents.

## **UPCOMING PROGRAM**

April's Tornado Fury: Road to Recovery (Part 1 of 2) Wednesday, October 26; 2:00-3:30 p.m. (Central Time)

#### PREVIOUS PROGRAMS

Available On Demand: www.adph.org/alphtn

#### **CONFERENCE DETAILS**

**Target Audience:** Nurses, social workers, dietitians, educators, school counselors, any health provider or professional working with adolescent and youth populations

Continuing Education: Nurses 1.3 hours, Social Workers 1.25 hours

Registration: www.adph.org/alphtn

**Technical Information:** To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

