# Clinical Care Guidelines for Caring for Patients with Diabetes and Cardiovascular Disease in the Ambulatory Setting

## Satellite Conference and Live Webcast

Wednesday, November 9, 2011; 2:00-4:00 p.m. (Central Time) 3:00-5:00 p.m. (Eastern) 1:00-3:00 p.m. (Mountain) 12:00-2:00 p.m. (Pacific)



Cardiovascular diseases account for approximately 65% of all deaths in individuals with diabetes. Complications include coronary heart disease, stroke, peripheral arterial disease, nephropathy, retinopathy, cardiomyopathy and possibly neuropathy. And the stroke mortality rate is three-fold in people with diabetes versus individuals with no diabetes. In Alabama, research data indicates nearly 40% of our population has both high blood pressure and high cholesterol levels. Program faculty will discuss treatment guidelines and clinical practice recommendations as well as health promotion campaigns and the benefit of integrating educational material in the clinic setting.

### FACULTY

Narinda Bhalla, MD, FACC Cardiologist River Region Cardiology Montgomery, Alabama

#### Kenya Dillard

Cessation Program Manager Statewide Tobacco Control Alabama Department of Public Health

#### LaMont Pack, PA, MPA

Director Diabetes Prevention and Control Branch Alabama Department of Public Health

#### Neil Schaffner, MD

Endocrinologist VA - Montgomery, Alabama Campus

# Program Objectives

- 1. Discuss the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC7) for primary care providers.
- 2. Review the 2011 Clinical Practice Recommendations for Diabetes Care in the Primary Care Setting.
- 3. Provide an overview of the Target 95 campaign criteria.
- 4. Identify the negative impact of tobacco use on different populations and how to access cessation information.
- 5. Understand how to utilize various health promotion curriculums.

## **Conference** Details

**Target Audience:** Physicians, nurses, social workers, dietitians, emergency responders, paramedics, EMTs, any health care workers or providers caring for individuals living with diabetes

**Continuing Education:** Nurses 1.6 hours, social workers 1.5 hours, dietitians 2 hours **Registration:** Available at www.adph.org/alphtn

**Technnical Information:** To receive complete technical information you must register at www.adph.org/alphtn. *Satellite -* Live satellite conference on C band (analog)

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available on our website two days after live broadcast.

**Conference Materials:** Available at www.adph.org/alphtn approximately one week before the program. **Conference Details Questions:** Call: 334-206-5618 | Email: alphtn@adph.state.al.us