HEALTH TEAMS WORK: CHRONIC DISEASE PREVENTION AND MANAGEMENT

Satellite Conference and Live Webcast

Tuesday, November 14, 2017, 10:00-11:30 a.m. (Central Time) 11:00 a.m.-12:30 p.m. (Eastern) = 9:00-10:30 a.m. (Mountain) = 8:00-9:30 a.m. (Pacific)

About half of all U.S. adults have at least one chronic disease: 75 million have high blood pressure, 84 million have pre-diabetes, and 30.3 million individuals have diabetes. Team-based care that includes a diverse group of health professionals and community health workers is essential to any chronic disease prevention or management program. Upon completion of this program, you will have a better understanding of the roles professionals play in team-based care as well as their effectiveness in reducing A1C's, diabetes complications, and better improvement of blood pressure. Program faculty will also provide information on the Diabetes Prevention Program, the Diabetes Self-Management Education Program, and the YMCA's Self-Monitoring Blood Pressure Program and the criteria for enrollment into each program.

PROGRAM OBJECTIVES:

- 1. Provide an overview of the YMCA's Partnership in Prevention Program.
- 2. Discuss the criteria for enrolling in the YMCA's Partnership in Prevention Program.
- 3. Describe how health equity impacts the community.
- 4. Identify the benefits of a team based approach to diabetes care.
- 5. Describe diabetes self-management education (DSME).
- Describe the integration of medical nutrition therapy (MNT) with a DSME program.
- 7. Describe the role of the pharmacist in team-based care.
- 8. Describe the diabetes prevention program (DPP).

CONFERENCE DETAILS:

Target Audience: Nurses, Social Workers, Pharmacists, and other healthcare providers Continuing Education: Nurses 1 hour and Social Workers 1 hour

Registration: www.alabamapublichealth.gov/alphtn

- **Technical Information:** To receive complete technical information you must register at www.alabamapublichealth.gov/alphtn Satellite - Live satellite conference on C band (analog).
 - Webcast Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.alabamapublichealth.gov/alphtn
- Audio To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.
 On Demand Available 2-3 business days after the live broadcast from the On Demand page of our website.
 Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

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