



Benign breast conditions, also known as benign breast diseases, are noncancerous disorders that can affect the breast. There are many types of benign breast conditions. Some benign breast conditions can cause discomfort or pain and need treatment, while others do not need treatment. This program will discuss benign breast disease with emphasis on pathophysiology and clinical aspects of prevention and management. Program faculty will also discuss how to formulate a differential diagnosis as it relates to abnormal bleeding and distinguishing the difference between the 2010 and 2015 STI treatment guidelines.

### *Faculty:*

**Beth Allen, MSN, CRNP**  
Senior Nurse Practitioner

**Deborah Davis, MSN, CRNP**  
Senior Nurse Practitioner

**Neysa Hernandez, MSN, CRNP**  
Senior Nurse Practitioner

Bureau of Family Health Services

## *Assessment and Management of Women with Benign Breast Conditions, Abnormal Uterine Bleeding and STIs*

### **Satellite Conference and Live Webcast**

**Thursday, November 19, 2015, 9:00-11:00 a.m. (Central Time)**

10:00 a.m.-12:00 p.m. (Eastern) ■ 8:00-10:00 a.m. (Mountain) ■ 7:00-9:00 a.m. (Pacific)

### *Program Objectives:*

1. Discuss and define benign breast disease with emphasis on pathophysiology and clinical management.
2. Outline clinical management and follow-up utilizing case study application of benign breast disease.
3. Define the descriptive terms used to characterize abnormal menstrual bleeding patterns.
4. Demonstrate utilization of differential diagnosis in development of a plan of care in a woman with abnormal uterine bleeding.
5. Identify treatment recommendations for the management of sexual health and clinical issues according to the 2015 CDC guidelines.

### *Conference Details:*

**Target Audience:** Nurses, clinicians, health educators, and other healthcare professionals and administrators involved in women's health

**Continuing Education:** Nurses 2 hours, social workers 2 hours

*\*Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at [www.adph.org/alphntn](http://www.adph.org/alphntn)*

**Registration:** [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphntn](http://www.adph.org/alphntn)

*Satellite* - Live satellite conference on C band (analog).

*Webcast* - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphntn](http://www.adph.org/alphntn)

*Audio* - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

*On Demand* - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphntn@adph.state.al.us](mailto:alphntn@adph.state.al.us)

\*\*The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.\*\*

\*\*The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation\*\*