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Family Planning Program Program for Women Ages 19 - 55

Alabama Medicaid Agency November 2008

## **History of Plan First**

 In 1998 the family planning waiver (Plan First) became a collaborative effort between Medicaid and the Alabama Department of Public Health, with additional assistance provided through the University of Alabama at Birmingham School of Public Health. All entities made a commitment to further the health status of Alabama.

## **History of Plan First**

 The intent of the waiver was to reduce pregnancy and birth rates within the low-income population of the state (that is, women of childbearing age ages 19 through 44 with family incomes below 133% of the federal poverty level) by reducing the rate of unintended pregnancy.

## **History of Plan First**

- The Plan First Family Planning Waiver was initially approved October 1, 2000 for 5 years. Three year waiver extensions were approved October 1, 2005 and October 1, 2008.
- As of October 1, 2008, the waiver extends family planning benefits to women ages 19 through 55.

## **Plan First Eligibles**

 As of October 31, 2008 there were 68,517 women enrolled in the Plan First Program

## Who Is Eligible?

A woman who:

- · Has not previously been sterilized
- Meets citizenship and alienage requirements
- Meets poverty level guidelines
- Is between ages of 19-55
- Has one or more SOBRA eligible children
- Is a SOBRA pregnant woman
- Not postpartum or applying for a child

#### Plan First Provider

A recipient eligible for the Plan First Program must be seen by an enrolled Plan First Provider. These providers can be:

- Physicians
- Clinics
- Nurse Midwives
- Nurse Practitioners
- Physician Assistants

#### **Covered Services**

- Yearly family planning exam
- Care support from social worker or nurse
- Some types of birth control such as pills and Depo-Provera shots
- Tubes tied for women 21 or older
- Lab work such as testing for pregnancy and STDs
- Help in planning when to have a baby

#### What's Not Covered

- Primary Care/Medical Services
- Plan First is strictly a pregnancy prevention program

#### **Plan First Provider List**

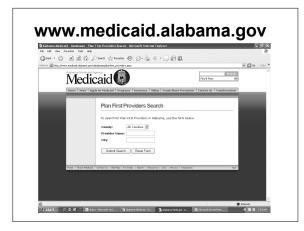
- The Alabama Medicaid Agency maintains a listing of all providers who have enrolled to provide services to Plan First eligibles.
- The list contains the provider's address and phone number and is sorted by the provider's county of practice.

#### Plan First Provider List

The list is made available to all Plan
 First care coordinators and staff of
 the Plan First toll free hotline, and is
 also available to any other party who
 may be assisting women in locating a
 Plan First provider.

#### **Plan First Provider List**

 The list is available online at the Alabama Medicaid web site (www.medicaid.alabama.gov) as well as in printed form.



# To Find Out More Information About Plan First:

**TOLL FREE HOTLINE** 

1-888-737-2083

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using Agency website for a list of Plan First providers

or

by contacting the local health department for a list of providers

### **Contact Information**

- Health Department (supplies)
   Annie Vosel 334-206-2959
- Medicaid (policy issues)
   Leigh Ann Hixon 334-353-5263
- Provider Assistance Center 800-688-7989
- Recipient Call Center 800-362-1504
- Recipient Call Center Fax 334-215-4140
- · Website: www.medicaid.alabama.gov
- For additional information, select the Programs tab from the top menu bar