

# Addressing the Issues of Caregivers and Aging Persons Inside the Home

## Satellite Conference and Live Webcast

Wednesday, December 5, 2012, 10:00 a.m.-12:00 p.m. (Central Time)  
11:00 a.m.-1:00 p.m. (Eastern) ■ 9:00-11:00 a.m. (Mountain) ■ 8:00-10:00 a.m. (Pacific)

*Hundreds of thousands of people are currently caring for a loved one at home. Those who choose to be caregivers have noble intentions, but they can quickly get overwhelmed with the work required to care for someone in the home. Without proper knowledge, assistance, and relief, many caregivers often find themselves becoming the ones receiving care. Program faculty will provide an overview of the barriers and mental and physical health issues caregivers face inside the home.*

## PROGRAM OBJECTIVES

1. Discuss how caregiver burnout impacts service delivery, treatment, and care of aging patients.
2. Identify tips to assist caregivers with addressing and overcoming feelings of burnout.
3. Describe the impact of unsafe manual patient handling on health care workers.
4. List the three main components of a safe lifting program.
5. Identify 2-3 low-tech home modifications to improve safety and access.
6. Identify 1-2 scenarios in which adaptive equipment or home modification may be warranted.

## CONFERENCE DETAILS

**Target Audience:** Nurses, social workers, anyone providing care inside the home

**Continuing Education:** Nurses 2 hours, social workers 1.5 hours

**Registration:** [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphtn](http://www.adph.org/alphtn)

*Satellite* - Live satellite conference on C band (analog).

*Webcast* - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphtn](http://www.adph.org/alphtn)

*Audio* - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

*On Demand* - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)



## FACULTY

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## PREVIOUS MINORITY HEALTH PROGRAMS

[www.adph.org/alphtn](http://www.adph.org/alphtn)

## UPCOMING MINORITY HEALTH PROGRAM

Healthcare Issues in  
the Hispanic and Latino Communities  
Wednesday, January 16, 2013  
2:00-4:00 p.m. (CT)



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