# Caring for Patients with Arthritis

# Satellite Conference and Live Webcast

Tuesday, December 7, 2010 • 2:00-4:00 p.m. (Central Time) 3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)



Arthritis affects nearly 40 million people in the United States; in fact it's the most common disease in people over the age of 65. Arthritis is an inflammation of the joints which can cause pain, swelling, and an interference with normal movement. Providing appropriate treatment can greatly improve a patient's condition as well as prevent further damage. Program faculty will discuss your role in helping a patient manage their arthritis while maintaining their independence.

## **FACULTY**

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#### **PROGRAM OBJECTIVES**

- 1. Define two conditions of arthritis.
- 2. List three ways to create a safer environment for a patient with arthritis.
- 3. Understand the benefits exercise provides a patient with arthritis.
- 4. Define Osteoporosis.
- 5. Name two items on an action plan for a patient with arthritis.
- 6. Name three resources available for patients with arthritis.
- 7. Identify the signs and symptoms of a stroke using the FAST technique.

### **CONFERENCE DETAILS**

**Target Audience:** Home health aides, home attendants and other professionals and family workers who administer and care for patients in the home setting.

**Continuing Education:** None for this program.

**Registration:** www.adph.org/alphtn

**Technical Information:** To receive complete technical information you must register at www.adph.org/alphtn.

Satellite - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn.

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand** - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

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