

The Medical Home in 2012

**Family-to-Family Health Information
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Faculty

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Traditional Morbidities of Children

- **Infectious diseases**
- **Prematurity**
- **Birth defects**
- **Chronic medical illness**
- **Developmental disabilities**
- **Unintentional injury**
- **Sudden Infant Death Syndrome (SIDS)**

New Morbidities of Children

- **Child abuse and neglect**
- **Early dental caries**
- **Obesity**
- **Mental health disorders of children**
- **School failure**
- **Adolescent pregnancy**
- **HIV and AIDS**

New Morbidities of Children

- **Substance abuse including tobacco**
- **Juvenile crime/violence**

Changing Contours of Primary Care

- **Increased rates of chronic conditions**
 - **Asthma, obesity, mental health**
- **Greater responsibility for mental health problems in children and youth**
- **Bright Futures attention to ways to enhance growth and development**

Changing Contours of Primary Care

- Increased demand for quality measurement
- Liability concerns

What Is a Medical Home (circa 1967)?

- AAP introduced the medical home concept in 1967
 - Initially referring to a central location for archiving a child's medical record

What Is a Medical Home (2012)?

- An approach to providing health care services in a high-quality, comprehensive, and cost-effective manner
- Provision of care through a primary care physician through partnership with other allied health care professionals and the family

What Is a Medical Home (2012)?

- Acts in best interest of children and youth to achieve maximum family potential
- Many notions tested among children and youth with special health care needs – but principles and characteristics apply broadly to all children/families

Medical Home Definition

- Primary care
- Family-centered partnership
- Community-based, interdisciplinary approach to care
- Care that is:
 - Accessible, family-centered, coordinated, compassionate, continuous, and culturally effective

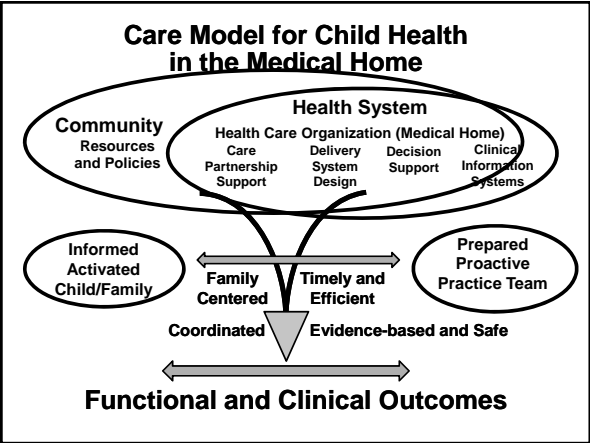
Medical Home Definition

- Preventive, acute, and chronic care
- Quality improvement

- Integrated Health System**
- Patients and families
 - Primary care physicians
 - Specialists and subspecialists
 - Hospitals and healthcare facilities
 - Public health
 - Community

- The Medical Home and Community Service System**
- Children and families receive services from many community sources
 - Education
 - Recreation
 - Transportation
 - Others

- The Medical Home and Community Service System**
- Medical home helps to coordinate key health – related services



- Joint Principles of the Patient-Centered Medical Home**
- American Academy of Pediatrics
 - American Academy of Family Physicians
 - American College of Physicians
 - American Osteopathic Association

- Medical Home Joint Principles**
- Personal physician
 - Physician-directed medical practice
 - Whole person orientation
 - Care is coordinated and/or integrated
 - Quality and safety are hallmarks of a medical home

Medical Home Joint Principles

- Enhanced access to care
- Payment appropriately recognizes the added value

Medical Home Joint Principles: Pediatric Preamble

- Family-centered care
- Community-based system of care
- Transitions
- Value

Key Elements of the Medical Home Model

- Patient registries, with severity assessment
- Standards and ways to use them
 - Templates, smart forms
- Comprehensive medical records
 - EHRs

Key Elements of the Medical Home Model

- Patient education and information
- Patient and family participation in decisions
- Coordination of care
- Clinical teamwork

Proven Benefits of a Medical Home

- Increased patient and family satisfaction
- Improved quality
- Efficient use of limited resources
- Reduced health disparities
- Improved professional satisfaction

NCQA: Patient-Centered Medical Home Measurement and Recognition

- Access and communication
- Patient tracking and registries
- Care management
- Patient self-management
- Electronic prescribing

**NCQA: Patient-Centered
Medical Home Measurement
and Recognition**

- Test-tracking
- Referral-tracking
- Performance reporting and improving
- Enhanced electronic communications

Payor Engagement

- Nationally:
 - Commercial insurers conducting demonstration pilots to measure efficiencies through reward systems
 - Medicaid programs are refining their primary care case management programs

Payor Engagement

- In Alabama:
 - Blue Cross Blue Shield has conducted 14 practice pilots, including pediatrics, family medicine, internal medicine
 - Alabama Medicaid Agency has created Patient Care Networks to compliment its existing Patient First program

Payor Engagement

- Our Chapter and other providers have served as advisors to both of these projects along the way