

Emergency Disaster Preparedness

**Home Care Division of the Bureau of Home and Community Services
Annual Required In-service**

**Produced by the Alabama Department of Public Health
Video Communications and Distance Learning Division**

Faculty

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Shelter or Skedaddle (Hide or Hightail It)



Whatever the Emergency, You Have Two Choices:

- Shelter in Place
- Evacuate

How Do I Decide Which to Do?

- Which option offers the best protection with the least disruption?
 - Fire
 - Earthquake
 - Flood
 - Active Shooter
 - Wind
 - Motor Vehicle Accident
 - Hurricane

Where Am I Sheltering?

- Home
- Work
- School
- Car
- Public Shelter

What Do I Need?

- Water
- Food (including a can opener)
- Medication
- Medical Equipment
- First Aid Kit
- Flashlight
- Radio with batteries

What Do I Need?

- Clothes
- Bedding
- Personal Care Items
- Important Documents

Evacuation

- Where am I going?
- How am I going?
- What route am I taking?
- Who is going with me?

Evacuation

- Pets?
- How long will I be gone?
- What do I need to do before I leave?
- Who needs to know?
- Reunification plan?

What Do I Need?

- Water
- Food (including a can opener)
- Medication
- First Aid Kit
- Flashlight
- Radio
- Clothes

What Do I Need?

- Bedding
- Personal Care Items
- Important Documents

Taking Care of the House

- **Gas Valve**
- **Electrical Main Cutoff**
- **Water cutoff**
- **Tools**
- **Duct Tape**
- **Plastic**