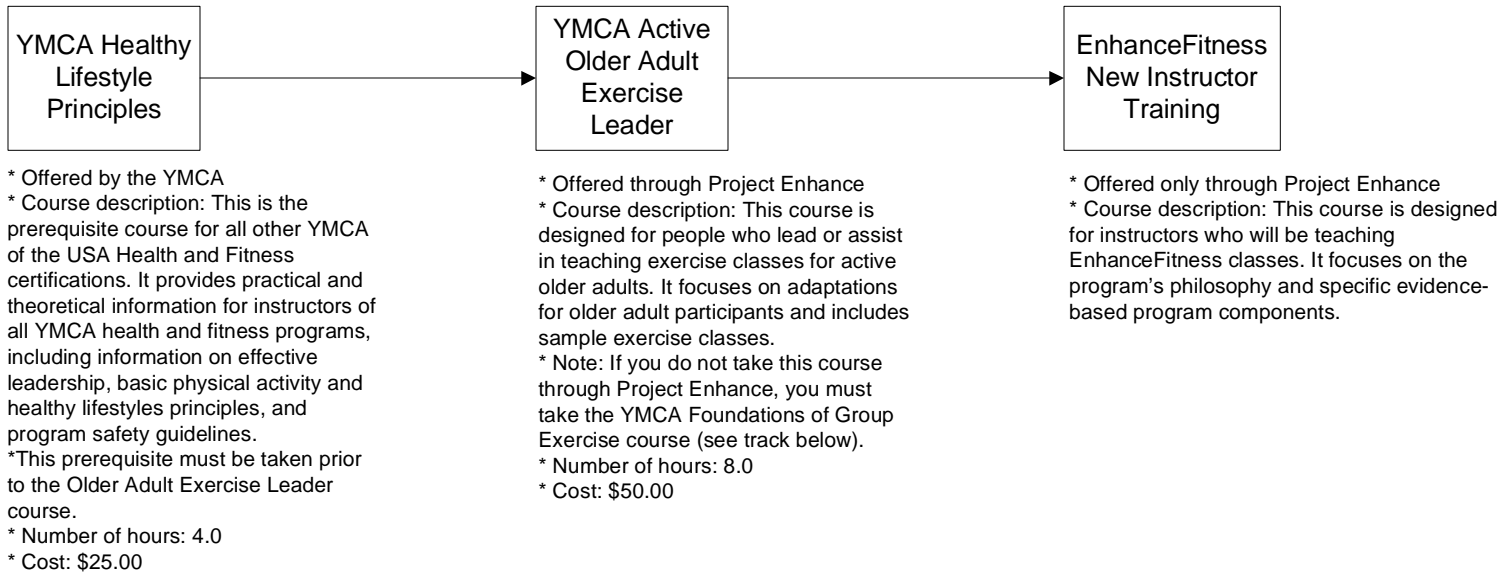


YMCA Certification Track

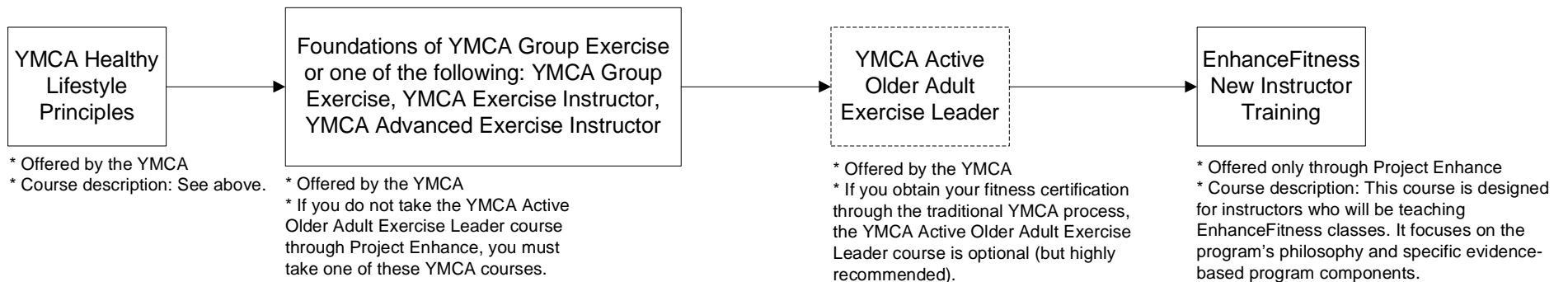
12/29/2005

For people who want to be EnhanceFitness instructors and do not have a fitness background or a nationally recognized fitness certification, Project Enhance offers YMCA certification.

The YMCA Certification Track via Project Enhance



The YMCA Certification Track via Traditional YMCA Process



Note: Prices are set by individual YMCAs; check with your local YMCA.